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## Quote

"Talk little, be true, act sincerely".  
 – *the Mother*

## AWARDS AND ACCOLADES

### Young Achiever Award for Dr. Karthick Srinivasan

Chennai, July 1



Dr. Karthick Srinivasan was conferred the "Young Achiever Award" by the Dr. M.G.R. Medical University on the occasion of the Doctors' Day and University Day celebrations on July 1.

### Daljit Singh Gold Medal for Dr. G. Natchiar

Chennai, July 7

The Indian Intraocular Implant and Refractive society honoured Dr. G. Natchiar with the Daljit Singh Gold Medal during the annual conference of the IIRSI. This award came in recognition of the excellent work she is doing in ophthalmology.



## SPECIAL EVENTS

### Aravind Hosts the 8th Annual Conference of VISION 2020: The Right to Sight – India

Aravind – Madurai, July 21- 22



Aravind Eye Care System, Madurai hosted the 8th Annual Conference of Vision 2020: The Right to Sight – India with several workshops arranged under five parallel tracks mainly Leadership, Operation theatre management, Outreach management, Optometry and optical dispensing and Achieving excellence in operations management offered. Participating hospitals were also invited to submit free papers under any of the above-mentioned themes.

The conference was officially inaugurated by Ms. Sujaya Krishnan, Joint Secretary, Ministry of Health and Family Welfare, Government of India in the presence of Mr. Anshul Mishra IAS, District Collector – Madurai and Dr. P. Namperumalsamy, Chairman Emeritus – AECS. Welcome address was given by Dr. R.D. Ravindran, Chairman, AECS and presidential address was delivered by Col. (Rtd) M. Deshpande, President, VISION 2020: The Right to Sight- India. Mr. Anshul Mishra gave the special address. Ms. Elizabeth Kurien, Secretary, VISION 2020: The Right to Sight- India introduced the jury members and announced the awardee. At the national conference, a special award was presented to Coimbatore headquartered Sankara Eye Care Institutions in recognition of its service in community eye care programmes for the past 36 years at various locations in the country. R.V.Ramani, Founder and Managing Trustee, Sankara Eye Care, received the 'Dharamsey Nensey Award' from Sujaya Krishnan. Dr. G.V. Rao, Chief Executive Officer, VISION 2020: The Right to Sight- India proposed a vote of thanks. A total of around of 400 delegates comprising leading ophthalmologists and eye care professionals from across the country participated in the conference.



## CME HELD AT ARAVIND EYE HOSPITAL

### Focus 2012 – Neuro-ophthalmology Update

Aravind – Tirunelveli, July21 - 22



A two day update on Neuro Ophthalmology was organized at Aravind Eye Hospital, Tirunelveli under the guidance of Dr. G Natchiar and Dr. R. Ramakrishnan. The field of Neuro-ophthalmology has undergone revolutionary changes and the main purpose of this update was to make the participants familiarise with the changes and update themselves. Ophthalmologists from various states of the country, postgraduates, fellows and trainees attended the CME. Eminent faculty with rich experience in the practical management of Neuro-ophthalmology was invited to discuss the recent advances and developments in the field.

The inaugural function commenced with prayer song, lighting of Kuthuvilakku by Dr. Karl C Golnik, Professor of Neuro-ophthalmology, Cincinnati Eye Institute, USA; Dr. Sharon Tow, Head and senior consultant, Department of Neuro-ophthalmology, Singapore National Eye Centre; Dr. S R Chandra, Dr. R Ramakrishnan and Dr. Mahesh Kumar. Dr. R.Ramakrishnan, Chief Medical Officer, Aravind-Tirunelveli welcomed the faculties and the delegates to the update.



## NEWS AND EVENTS

### Seminar on PubMed and Literature Search

Aravind – Madurai, June 21-22

Aravind Library and Information Centre arranged a two day programme on PubMed search. Ms. Vasumathi Sriganesh, CEO - Friends of QMed Knowledge Foundation, Mumbai was the guest faculty for the session. Discussions revolved on medical databases, electronic resources, and improving library services. She delivered a lecture for the PGs, fellows, doctors and faculty at the weekly Grand Rounds. She also focused on the activities of QMed Knowledge Foundation.



### Glaucoma CME

Aravind – Salem, July 1

The CME was conducted in two sessions covering eight different topics. Aravind's senior Glaucoma consultants, Dr.R.Ramakrishnan, Dr.S.R.Krishnadas, Dr. P. Sathyan, Dr. Ramakrishna and Dr. Sireesh G Nelvigi, Nethradama, Bangalore, handled the different sessions. In total, 32 participants benefitted from this CME.



### Awareness and Training Programme on Safe Riding

July 6

A training programme on safe two-wheeler riding was organized at Aurolab and Aravind – Madurai for the benefit of the staff. The objective of this training programme was to impart safe riding techniques and also about correct racing posture, daily checkup of two wheelers and so on. The importance of wearing helmets to minimize the risks during accidents was stressed.



### Outstanding Performances

Aravind - Madurai & Tirunelveli



#### Highest OP at the Paediatric Ophthalmology Service

Aravind – Madurai

The department registered 544 out patients on July 12. 494 patients were seen at the Paediatric Ophthalmology Department and the remaining 50 were directed to other departments. This is the highest ever in the history of Paediatric Ophthalmology Department at Madurai.

#### Record Performance by Opticals Division

Aravind – Madurai

Lakshmi Opticals at Aravind – Madurai set record performance in the number of spectacles delivery on July 12. The number of orders received was 555. This is the highest ever number for a day in the history of Opticals Division.

#### Landmark at Aravind –Tirunelveli

The outpatient department registered the highest ever

- Total OP - 1271
- Review OP - 784
- OP at Paediatric Clinic - 297 (New - 109 & Review - 188)



### Valedictory Function of 31st Batch Community Outreach and Social Marketing of Eye care Services

LAICO, July 14



A total of 11 participants attended the course. At the valedictory function, participants shared their experiences during the course. Mr. R.D. Thulasiraj delivered the valedictory address and distributed the certificates to the participants.



### Guest Lectures

Aravind – Madurai

July 16

Dr, Shrikanth Bangdiwala, Research Professor, Department of Biostatistics, University of North Carolina, Chapel Hill, USA delivered a lecture on *Two Vs. One Eye – When I plan my Clinical Trial?*

July 19

Dr. Subadhra Jalali from L.V Prasad Eye Institute delivered a lecture on Retinal vascularisation and Basics of RoP at the weekly Grand Rounds session.

**Fresher's Day**

Aravind – Pondicherry, July 13



Newly joined MLOP recruits and DNB Doctors celebrated their fresher's day performing various cultural programmes. Dr. S.R. Krishnadas, HR - Director participated in this cultural programme.

**Workplace Refraction Camp**

Salem, June 15 – 17

Aravind – Salem facilitated a workplace refraction camp which was jointly organised by Agri expo and Aavin in Fair lands, Salem. Nearly 230 patients were benefited from this camp.

**Aravind's Instruments Maintenance Team at Foundation Vision, Paraguay**

July 1 - 17



Ms. D. Ganga, Mr. S. Poornachandran and Prof. V. Srinivasan were at Foundation Vision, Asuncion, Paraguay for conducting an instruments maintenance workshop for technicians of Latin American Countries. Eleven participants – three from Mexico, two from Bolivia, one from Honduras and five from Paraguay attended. The Aravind team had an opportunity to visit the world famous bi national hydroelectric project of Paraguay and Brazil, the largest of its kind in the world and the world famous Iguacu waterfalls.

**Fifth Anniversary Celebrations of Periyanaickenpalayam Vision Centre**

Periyanaickenalayam, July 29



Vision Centre at Periyanaickenpalayam celebrated its fifth anniversary with many programmes including a diabetic retinopathy and paediatric eye screening camp. An eye care awareness exhibition was organised for the benefit of the public. Total outpatient turnout in both these camps was 336 with 64 known diabetes patients and 38 children identified with eye diseases. The celebrations were honored by the presence of various community leaders.

Mr. Murugaraju, Manager - outreach welcomed the gathering. Ms. Ponslevi, Vision centre Coordinator read the annual report of the centre. Dr. Ramakrishnan Camp Medical Officer presided over the function. Mr. Bharathikannan, Manager - Outreach rendered a vote of thanks. Dr. Pooja, Dr. Nithya and Dr. Sandeep Bachu were the key persons in making the camp successful.

**Here we share letter of appreciation written by a participant of the 76th Batch of Instruments Maintenance course held in April 2012:***Dear Prof.*

I want to thank you for the knowledge that I have received during my stay at Aravind. You will be happy to know that I have started with preventative maintenance program of eye care instrument in my hospital, and the doctors are happy with the results.



I have received graduation ceremony pictures you have send. Please send my regards to the rest of your team.

From  
Sello Mothsepe (South Africa)



### Note of Gratitude from the SAP Team

In June, a team from SAP India visited Aravind to understand its model and to hold discussions with the IT team regarding the prospects of future collaboration. SAP India is the fastest growing subsidiary of SAP AG, the world's leading provider of business software solutions. On their return, they have sent a letter praising Aravind's hospitality and also shared a presentation and a case study based on the learnings they had here.

Click here: [Presentation](#)  
[Case study](#)



## CONFERENCES ATTENDED ELSEWHERE

### Workshop on Innovations in Health Care

Thiruvananthapuram, July 23-24



Dr. R.Ramakrishnan gave a talk on the Aravind model at the two day workshop on Innovations in Health Care conducted at Institute of Management in Government, Thiruvananthapuram.



### Xth European Glaucoma Society Congress

Copenhagen, Denmark, June 17 – 22

Senior glaucoma consultants Dr. Mohideen Abdul Kader, Aravind – Tirunelveli, Dr. Ganesh V. Raman, Aravind – Coimbatore and Dr. R. Sharmila, Aravind - Madurai presented the following E-posters:  
Mohideen Abdul Kader

- *A novel approach for glaucoma screening : Family screening of primary open angle and primary angle closure glaucoma patients* by Dr. Mohideen Abdul Kadar,

Dr. Devendra Maheshwari, Dr. Rengappa Ramakrishnan  
Ganesh.V.Raman

- *Outcome of bleb revision using scleral patch graft for complications following trabeculectomy* by Dr. Ganesh V Raman, Dr. Julinda Jaho, Dr. Kaushik Dhume, Dr. Shilpa Patil, Dr. Susheel Deshmukh, Dr. Sathyan Parthasarathi  
Sharmila

- *Outcome of repeat trabeculectomy with Mitomycin C* by Dr. R. Sharmila, Dr. George V. Puthuran, Dr. Jyoti Babu, Dr. S.R. Krishnadas and Dr. Sangeeta Vivek Patil



### 20th Indian Eye Research Group (IERG) - ARVO - India Chapter 2012 meeting

LV Prasad Eye Institute, Hyderabad, July 29-30

Dr.P.Sundaresan

- *Carrier Detection Prenatal Diagnosis of Oculocutaneous Albinism*

He chaired the session on Retina, Glaucoma and Oncology

Dr. Lalitha Prajna

- *TLR and Cytokine expression in human corneas infected with Pseudomonas aeruginosa or Streptococcus pneumonia*



Dr. C. Gowripriya

- *Identification of Mesenchymal Stem Cells in the Anterior Limbal Stroma (poster)*

Ms. Roopam Dhuvish

- *Mitochondrial genes involvement in Leber's Hereditary Optic Neuropathy (poster on behalf of Mr. Bibhuti Saikia)*

Dr. A. Vanniarajan and Mr. R. Muthuselvam participated in the meeting and interacted with the participants of eye research group. They visited Centre for Cellular and Molecular Biology (CCMB) and held discussions with a few scientists.



## HUMAN RESOURCE DEVELOPMENT

### Graduation Day of MLOPs

Aravind – Coimbatore, June 24



The function started with a prayer song followed by lighting the lamp by Dr. Kalpana Narendran, Senior Medical Officer, Ms. Sulochana, Nursing Supervisor, tutors and parents of MLOPs. In total, 83 MLOPs took Florence Nightingale Pledge. Dr. Kalpana Narendran gave a talk on the importance and responsibilities of nursing profession and also the basics of Aravind culture.



### Mission Day Celebrations

July 7



To commemorate the birth anniversary of Aravind's founder chairman, Dr. G. Venkataswamy, Mission Day was celebrated across the Aravind Hospitals and Aurolab. Staff paid homage to the chief by observing a moment of silence. Essay and quiz competitions were conducted and the winners were awarded prizes. Senior doctors and staff shared their association with Dr. V and the values they learnt from him. Bhajans were sung during the ceremony. Passages from Illuminated Spirit and Savitri were read. A video named Nithyatha focusing on the culture and values at Aravind was screened.



### Healthcare Awareness Programmes

Aravind - Madurai

As part of Aurowel programme, lectures on diseases like cancer and diabetes were arranged at Aravind – Madurai.



### Motivational Lecture

Aravind – Coimbatore, July 10



Swami Suddhananda Giri from Yogananda Satsanga Society delivered a lecture on the importance of a balanced life for a successful life at Aravind Eye Hospital, Coimbatore. The session was attended by doctors, administrative staff and patients. Swamiji highlighted the reasons for stress and the possible steps to overcome it. He emphasized daily practice of meditation, relaxation, recreation and regular exercise for a wholesome life.



## Melody Friday

Aravind – Madurai, July 13



Melody Friday, this time focused on the theme "Rain" to please the rain gods as suggested by Dr. V.P. Ravichander. He was the special invitee for the function and he sang a song to appease the gods to shower rain. The other singers included Mr. Sanil Joseph and Ms. Siva Kartika from LAICO, Ms. Nithya and Mr. Anshuman from Dr. GVERI, Ms. Anjana from Aravind – Madurai. Some of the clinical trainees also showcased their musical talents. An interesting video of a Chinese song was the highlight of the entire show. Ms. Siva Kartika demonstrated "rain clap" to the audience.



## LAICO HAPPENINGS

### Visit to Siliguri Greater Lions Eye Hospital

Siliguri, June 29 – July 2



Dr. Naresh Babu, Consultant, Retina vitreous Service, Aravind - Madurai and Mr. V. Vijayakumar, LAICO faculty visited and evaluated diabetic retinopathy services at Greater Lions Eye Hospital, Siliguri as part of the WDF DR Project – "Prevent Diabetic Retinopathy, protect sight". A DR symposium was also arranged at the hospital at which Dr. Naresh Babu delivered a talk on developing a long-term strategy to prevent blindness due to DR.



### Eye Care Management Course for Hospital Managers

Cairo, Egypt, July 21- 25



Mr. Suresh Kumar, Faculty - LAICO facilitated a five day management course for government eye hospital managers of Cairo, Egypt. The course organized by Al Noor Foundation was hosted by Egypt Institute of Community Ophthalmology (EICO). In total, twelve participants attended the course.



### EYEXCEL 2012

LAICO, July 17 – 20



EYEXCEL workshop was held during the third week of July. Dr. R.D. Ravindran delivered the welcome address. Dr. Suzanne Gilbert, Director, Seva Foundation stressed the need for developing human resources in eye care globally. Dr. Karl Golnik, Professor, Department of Ophthalmology, University of Cincinnati and the Cincinnati Eye Institute spoke on changing paradigms in eye care. Mr. R.D. Thulasiraj, Executive Director, LAICO delivered the key note address. Workshop overview was provided by Dr. Preethi Pradhan, Dean of Health Sciences, Chitkara University, Chandigarh. Dr. Karl Golnik, Dr. R. Pararajasegaram, Dr. Suzanne Gilbert, Ms. Susan Spinola, Mr. D. Nagarajan, Dr. Kathryn Hecht, Dr. Preethi Pradhan and Ms.

Alice were the guest faculty who handled the different sessions. Around 40 participants attended the workshop.

[Click here to view Consultancy statistical report](#)

**TRAINING PROGRAMMES**

Course title	Training Centre	Total Number Trained as on June 2012	Enrollments for July 2012
<b>Residency Programme</b>			
Diploma in Ophthalmology	Madurai	209	1
Master of Surgery in Ophthalmology	Madurai	102	4
<b>Long Term Fellowship Courses</b>			
Fellowship in Anterior Segment / Intraocular Lens Surgery	Madurai	114	1
	Coimbatore	27	0
	Tirunelveli	15	0
	Pondicherry	11	2
Fellowship in Glaucoma	Madurai	40	1
	Coimbatore	22	0
	Tirunelveli	11	0
	Pondicherry	6	3
Fellowship in Retina Vitreous	Madurai	105	1
	Coimbatore	36	0
	Tirunelveli	3	0
	Pondicherry	9	4
<b>Short Term Courses - For Ophthalmologists</b>			
Diagnosis and Management of Glaucoma	Madurai	112	1
	Tirunelveli	134	1
	Coimbatore	106	1
	Pondicherry	3	0
Small Incision Cataract Surgery	Madurai	173	0
	Tirunelveli	116	1
	Coimbatore	136	0
	Pondicherry	23	1
Lasers in Diabetic Retinopathy	Madurai	267	2
	Coimbatore	262	3
	Pondicherry	6	0
Phacomulsification	Madurai	150	2
	Tirunelveli	86	1
	Coimbatore	104	1
	Pondicherry	20	1
IOL Microsurgery	Madurai	713	0
	Tirunelveli	277	1
	Coimbatore	216	1
	Pondicherry	12	0
<b>Non-Clinical Course</b>			
Eyexcel-Expanding Global Eye Care Workforce through Excellence in Training	LAICO	104	38

[Click here to view Training Programme full statistics](#)

**PUBLICATIONS**



- **J CATARACT REFRACT SURG. 2012 AUG;38(8):1360-9.**

Haripriya A, Chang DF, Reena M, Shekhar M.(MDU) (Cataract & IOL)

- *Complication rates of Phacoemulsification and manual small-incision cataract surgery at Aravind Eye Hospital*  
[Article View](#)

- **INDIAN J OPHTHALMOL. 2012 JUL;60(4):338-9**

Shukla D, Sharan A. (MDU) (Retina)

- *Grapevine from the optic nerve head* [Article View](#)

- **INDIAN J OPHTHALMOL. 2012 JUL;60(4):289-95.**

Shah PK, Narendran V, Selvaraj U, Guhan P, Saxena SK, Dash A, Astrahan M.

- *Episcleral plaque brachytherapy using 'BARC I-125 Ocu-Prosta seeds' in the treatment of intraocular tumors: A single-institution experience in India.* [Article Vview](#)



## AUROLAB NEWS

### Graduation Day in Aurolab

July 1



Graduation Day programmes started with a prayer song. Ms. Nandhini welcomed the gathering. Dr. P. Balakrishnan, Mr. R.D. Sriram, Mr. R.D. Thulsiraj, Ms. Mahalakshmi and Ms. Lingammal and the parents of the graduating staff lighted the holy lamp. The production staff took the oath holding the candles. Ms. Mahalakshmi explained the roles and responsibilities of the production staff. Mr. Thulasiraj gave an inspirational motivation speech for our production staff. The toppers of each division were given prizes by Dr. Balakrishnan. A total of 81 production staff was graduated.



### Guest Lecture on Stress Management

Aurolab, July 13



A guest lecture on Managing health for frequent travellers and Stress management was arranged for the marketing staff of Aurolab. Dr. Dheep, Psychiatrist and Hypno-therapist from Topkids handled the session.



## MONTHLY PATIENT STATISTICS

July - 2012										
Hospitals	Madurai	Theni	Tirunelveli	Coimbatore	Pondicherry	Dindigul	Tirupur	Salem	Udumalpet	Total
<b>HOSPITAL OUT-PATIENT VISITS</b>										
Paying (New & Review)	46,513	7,514	21,493	31,026	21,244	5,536	3,514	7,719	1,927	146,486
Free (Direct walk-in)	15,243	2,045	5,773	9,928	7,206	4	216	-	1,040	41,455
<b>OUTREACH OUT PATIENTS</b>										

Regular Eye Camps	11,483	2,660	4,189	10,781	6,970	-	-	-	-	36,083
Diabetic Retinopathy camps	190	78	369	2,355	457	-	-	-	-	3,449
Refraction Camps	919	-	810	1,457	311	-	-	-	-	3,497
Mobile Refraction Unit	-	569	-	-	-	-	-	-	-	569
School Screening camps	4,300	-	8,917	3,680	2,700	-	40	-	-	19,637
ICDS Children	-	-	687	-	-	-	-	-	-	687
Paediatric Camps	154	-	-	-	68	-	-	-	-	222
Vision Centres	9,536	4,550	4,782	-	-	-	461	-	-	19,329
Community Eye Clinics	3,720	1,594	1,649	-	-	-	-	-	-	6,963
<b>Total OP Examinations</b>	<b>92,058</b>	<b>19,010</b>	<b>48,669</b>	<b>59,227</b>	<b>38,956</b>	<b>5,540</b>	<b>4,231</b>	<b>7,719</b>	<b>2,967</b>	<b>278,377</b>
<b>SURGERIES</b>										
Paying	4,730	508	1,061	1,551	996	142	121	364	28	9,501
Free (Direct)	4,219	339	769	1,471	809	35	45	28	62	7,777
Camp	3,876	343	1,388	2,551	2,016	-	-	113	-	10,287
<b>Total Surgeries</b>	<b>12,825</b>	<b>1,190</b>	<b>3,218</b>	<b>5,573</b>	<b>3,821</b>	<b>177</b>	<b>166</b>	<b>505</b>	<b>90</b>	<b>27,565</b>