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Quote

Steady efforts always bring great results - the Mother

Editorial

Patient care counsellors play a great role in ensuring patients' compliance to surgery and treatment plan. For the first time, Aravind conducted a workshop for this cadre of eye care personnel from eye hospitals across India, to enable them to provide better patient-centred care.

In today's world, there are several exciting developments taking place rapidly in the management of Diabetic Retinopathy (DR). There is a paradigm shift in the management of retinopathy from Lasers to a whole gamut of Pharmacotherapy. Symposium on DR held recently became a platform for the rich exchange of ideas in the field.

Outreach eye camps remain the backbone of Aravind's high-volume work and close to 15% of the hospitals' patients are brought in through camps. In January, outreach teams across the Aravind centres were brought in for a two-day planning meet to discuss the latest trends and way forward.

News about these and many more feature in this issue.

AWARDS AND ACCOLADES

Dr. G. Natchiar Presented with Lifetime Achievement Award

New Delhi, January 21-28



Dr. G. Natchiar, Director Emeritus, Aravind Eye Care System was presented with Lifetime Achievement Award at iFocus- the National Post Graduate Education Program New Delhi organized by Centre for Sight.



Mrs. Lalitha Srinivasan Felicitated at the Salute to Mothers Programme

Chennai, January 25



Mrs. Lalitha Srinivasan, Member-GOVEL Trust was felicitated at the Salute to Mothers event organised by Sri Krishna Sweets. She was honoured with a shawl and a memento with her son, Dr. S. Aravind seated at her feet. Dr. Aravind gave an interesting speech on her influence in shaping his life.



NEWS AND EVENTS

Exposure Visit by Students of St. Ann's College of Nursing

Aravind-Tirunelveli, January 4



Forty seven students from St Ann's College of Nursing, Tuticorin visited Aravind-Tirunelveli to learn about eye donation and eye bank. An orientation about the institution was given and the students were taken on a hospital tour, Dr. V. Anita, Chief -Cornea Services spoke about eye donation and emphasized its importance. Students also went on a tour of the eye bank.



Training Workshop for Patient Care Counsellors

Aravind-Madurai, January 5-6



Upon the request from Vision 2020 India, Aravind Eye Care System offered a Workshop for Patient Care Counsellors at LAICO. The workshop was more like a CME to build capacities of the Counsellors to effectively counsel the patients to undergo surgical

treatment. Altogether 77 participants participated.



Angadi

Aravind-Pondicherry, January 6



Angadi – the great charity fest was organized by Aravind Eye Hospital, Pondicherry providing a unique shopping experience for staff and their family members. The event was conceived with the notion of reusing things which people don't want to use any more. This included items which are new and not used. These items were sold at a nominal price.



Symposium on Diabetic Retinopathy

Aravind –Madurai, January 6–7, 2018



7th Biennial Symposium on Diabetic Retinopathy was held at Aravind Eye Hospital, Madurai co-hosted by 3 major eye institutes: Sankara Nethralaya, L.V. Prasad Eye Institute and Narayana Nethralaya along with Joslin Diabetes Centre, USA. Eminent faculty included Dr. Ingrid Zimmer Galler, Dr. Paolo Antonio S Silva, Dr. Peter Louis Gehlbach - from USA, Dr. Rupesh Agrawal from Singapore; Dr. Sobha Sivaprasad & Dr. Usha Chakravarthy from UK as well as Aravind and national faculty. Scientific program was well organized with lectures in diabetic retinopathy, debates, challenging case discussion and interactive session with delegates.

A total of 209 delegates participated in this symposium and felt that this was a very informative and productive meeting on diabetic retinopathy with rich scientific content and lot of new information.



Excursion

Aravind-Tuticorin, January 7



Thirty six staff members of Aravind Eye Hospital, Tuticorin were taken on a one day tour to Mundanthurai Falls, Pechiparai dam, Matthur Thottil bridge and Kanyakumari.

Aravind-Tirunelveli, January 11

Staff of Camp Department and Diabetic Retinopathy Project were taken on a one day to Kodaikanal. They visited the lake area, Pine forest, Pillar Rock, Silver Falls, Kurinji Andavar Temple, Rock Garden and Bryant Park. It was a good change for them from their usual routine.



Session by Swami Suddhananda Giri

Aravind-Chennai, January 8



Swami Suddhananda Giri from Yogoda Satsanga Society of India along with his team visited Aravind Eye Hospital, Chennai Swamiji and gave an inspiring talk to the staff members regarding Achieving success through Kiriya yoga. Swamiji oriented the staff on how to do a short meditation. Swamiji shared few books to the hospital team written by his guru Shri Paramahansa Yogananda to have a better understanding of Kiriya yoga and the work done by his guru.



Outreach Annual Planning Meeting

Aravind-Madurai, January 9-10



Aravind Eye Hospitals have been conducting annual planning meeting for the staff of Camp departments across the hospitals in the first week of January every year. The main objective of the meeting is to have a detailed discussion on the activities of the previous year, achievements and plans.



Vaanavil - Residents Social Responsibility Programme

Aravind-Madurai, January 10



Aravind-Madurai, January 10

2018 started off with a bang on January 10 with the Resident Social Responsibility initiative - "Vaanavil". The exhibition-cum-sale of products made by visually challenged women from the Rehabilitation Center for Blind Women, Trichy showcased their indomitable spirit and excellent craftsmanship. What was also showcased that day was the salesmanship of the postgraduate residents who turned enterprising salespersons and helped in the sales of products worth over Rs. 2lakh. The exhibition also witnessed students from 3 schools and the Sociology Department, Lady Doak College contributing who were left inspired and moved by the whole programme.



Pongal Celebrations

Aravind, January 14



Pongal was celebrated in all Aravind centres in the traditional manner. Celebrations began with the making of Pongal, Several traditional dance forms and competitions were conducted.



New Vision Centre Opened

Puliyangudi, January 22



In continuation of the journey towards fulfilling the dreams and vision of Aravind's beloved founder Chairman, Dr.V, the sixty fourth Vision Centre was opened at Puliyaugudi. The centre was inaugurated by Dr R Krishnadas, Director - Human Resource Department, Aravind Eye Care System in the presence of Dr R Ramakrishnan, Chief Medical Officer, Aravind-Tirunelveli. The function was attended by local doctors, Rotary and Lions Club members, camp sponsors and well-wishers. The beginning was so encouraging, that a total of 69 outpatients registered on the inaugural day.



Aravind-Tirupur Renovated

Aravind-Tirupur, January 22

Aravind Eye Hospital, Tirupur was extended and renovated. The new facility for free services was inaugurated by Dr.Mahesh Pathak, Senior Medical Consultant, Aravind Tirupur on January 22. The facility consists of exclusive wards for males and females, the capacity for each ward being 35 patients.



Motivational Talks

Aravind-Tirunelveli, January 23



A motivational session titled Key to success was conducted for the staff of Camp Department, DR Project and Administrative Department by Mr. R. Ganesh, Founder - Life Improvement through Mind Engineering. Lakshmi R, Manager - HR invited Mr Ganesh for the session and introduced him to the audience. She also gave a brief introduction about the session. By quoting practical and appropriate examples, Mr Ganesh made the session very informative, interesting and inspiring.

Another session on the topic Way to success was conducted for all the MLOP Supervisors, Tutors and In-charge nurses by Mr R Ganesh. The session was very useful and inspiring for the participants.



Republic Day

Aravind, January 26

All Aravind centres and Aurolab observed Republic Day with great fervor. National Flag was hoisted in all centres. Sweets were distributed



Making a Difference

Aravind-Salem

As part of Residents Social Responsibility programme, PGs, residents and Medical Officers at Aravind-Salem lent a hand to Veeralakshmi Vidhyalaya at Karungalpatti by donating R.10, 000 which enabled the school management to procure ceiling fans for six classrooms. This school was the site of an eye camp conducted by Aravind-Salem and it was then the team found that none of the class rooms had a fan.

One of the second year MLOP trainees at Aravind-Salem suddenly had fits and was shifted to Dharan Hospital. She was diagnosed with Dilated Cardio Myopathy. All the employees Aravind-Salem came forward to contribute and mobilized a fund of Rs.26,000/- and supported a part of her treatment expenses.



Fire-safety Hands-on Training

Aravind-Madurai, January 9

Mr. Ravichandran from Meena Fire safety handled the session which included demonstration.



Healthcare Awareness Talk

Aravind-Madurai, January 30

A session on Ergonomics was handled by Dr. Romesh Prasad, Orthopedician from S P Ortho Centre. In his session, he provided

information about the different postures and their effects on the body. He also suggested how to get rid of pain with simple exercises.



CONFERENCES ATTENDED ELSEWHERE

Shikshana - 2018

Bangalore, January 28

Dr. Usha Kim was the invited faculty and presented lectures on

- *Surgical management of ptosis*
- *Retinoblastoma - The Genetics*



LAICO HAPPENINGS

Course on Management Priorities in Eye Care Delivery

LAICO, January 21-27



LAICO hosted the management course for heads of eye hospitals. A total of 21 participants from India, Kenya, and Nepal attended.



TRAINING PROGRAMMES

Enrolments for January 2018 at Aravind Eye Care System		
Course title	Training Centre	Enrolments for January 2018
Long Term Fellowship Programs - For Ophthalmologists		
Fellowship in IOL & Anterior Segment	Pondicherry	1
	Coimbatore	1
	Tirunelveli	1
	Chennai	1
Fellowship in Comprehensive Ophthalmology	Salem	1
Fellowship in Cornea	Coimbatore	1
	Madurai	3
	Pondicherry	1
Fellowship in Glaucoma	Coimbatore	1
	Pondicherry	1
Fellowship in General Ophthalmology	Madurai	1
	Theni	1

Fellowship in Orbit & Oculoplasty	Pondicherry	1
Fellowship in Retina Vitreous	Madurai	1
Fellowship in Paediatric Ophthalmology & Strabismus	Coimbatore	2
	Tirunelveli	1
Short Term Courses - For Ophthalmologists		
Clinical Observership Program In Diagnosis and Management Of Glaucoma	Coimbatore	1
	Tirunelveli	1
Lasers in Diabetic Retinopathy	Pondicherry	1
	Madurai	3
	Coimbatore	2
Phacoemulsification	Madurai	2
	Tirunelveli	1
Management of Retinopathy of Prematurity and Paediatric Retinal Disorders	Coimbatore	2
Neuro Ophthalmology	Madurai	1
Small incision cataract surgery	Coimbatore	2
	Madurai	2
	Tirunelveli	1
Paramedical courses		
Optical Dispensing	Madurai	2
Ocularist	Madurai	1
Non-Clinical courses		
Management Priorities in Eye Care Delivery	LAICO	20



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AUROLAB NEWS

26th Aurolab Day

Aurolab, January 27

Dr. Manohar Babu - Chief Medical Officer, Aravind-Salem was the chief guest for the function. The programme began with prayer song. Mr. Krishna Kumar, Senior Manager-Regulatory Affairs welcomed the gathering. Staff members who completed 5,10,15,20, and 25 years of service were awarded. Dr.P.Balakrishnan, Managing Director shared an update on the activities of the last year and Mr.R.D. Sriram, Joint Managing Director shared inputs on the growth of Aurolab and its plans. Cultural programmes added colour to the event. Mr.Ramaswamy, Manager-Personnel delivered the vote of thanks. The programme came to an end with National Anthem and delicious dinner.



Pongal celebration

Aurolab, January 14, 2018



Aurolab celebrated Pongal in a grand traditional manner. Several folk art forms unique to Tamil Nadu were performed. Traditional competitions arranged as part of the celebrations added colour to the programme. Pongal was made and distributed to all.



A Man as an Institution



In our day to day lives we come across diverse types of people, some just pass by, but some with their special traits leave an indelible imprints on our minds. And in a doctor's profession chances are many to closely interact with people and get to know such unique personalities. Clinical conditions apart, they will be ever remembered for such distinct traits in their personality. It was such an instance that Dr. Usha Kim witnessed recently.

To Dr. Usha, Mr. Narayanan Namboothiry V was just one of the many hundred patients that she sees daily. A casual conversation with him revealed to her his immense calibre and that he is one of a kind person. Having retired as the head of the Department of Economics at the famous Sanathana Dharma College in Alleppey, Kerala, Dr. Namboothiry currently serves as Professor and Head, Department of Basic Science, Carmel College of Engineering and Technology, again based in Alleppey. Though he pursued his passion – teaching – as his career, the strong scientific tempo in him was never laid to rest. His mind always looked for ideas and technologies which are having vast social relevance and employment potential. According to him there is no waste as such. It is just a misplaced resource. His main area of interest lies in the development of appropriate technology in the form of various machines and equipment and disseminating the same among low income groups so as to enable and equip them with proper ideas and skills for learning, earning and self-improvement. He also acts as a resource person under various organisations for imparting skill development among villagers, teachers and students. He has designed and made more than 25 electrical and mechanical machines and equipment, as well as more than 200 products based on the concept of recycling and using low-cost locally available and eco-friendly raw materials. He is also an expert in designing and making of fancy items (low cost high priced), models making, fabric painting, spray painting etc. That being said, there is no wonder that he is a recipient of several recognitions, the most noted being the patents awarded by the Govt. of India for his unique inventions - Paper Pulveriser-cum-Grinder and Multipurpose Machine. His inventions have been recognized by IIT, Mumbai. Dr. Sahil Karkhanis, Industrial Design Center, IIT, Mumbai, came down to his house for personally examining the Multipurpose Machine. His words "the implications of an innovation such as yours are far beyond the imagination of any of us", itself reveal the "greatest genius" ingrained in him.

The paper pulveriser-cum-grinder pulverises paper to make it into a powder form which can be stored easily and utilised to make several toys, mementos and showpieces according to our creativity in much cost-effective way. These are all biodegradable, causing no harm to the environment. In addition, this idea provides excellent opportunities for developing cottage industries. Some of the unique products that he made with this are shown here.

"You have demonstrated information, insight and inspiration worthy of a Michael Angelo, Thomas Edison or other inventors whose genius will change parts of or all the world" goes the last line of the one-page testimonial by Dr. Michael J Lenaghan, the erstwhile Chairperson of the prestigious Global Peace Foundation and the Chair of Teaching Excellence Professor at Miami Dade College which is the largest institution of higher education in the US – a recognition he keeps close to his heart. He has been well featured in the media, highlighting his several technological inventions and contributions.

It is not very easy to come across persons like Mr. Namboothiry. For his exceptional works, he has been felicitated and recognised in various prestigious fora. He never does anything for fame or money. His intention is to do selfless service to the society, in an effort to make this world a better place to live in. And in Dr. Usha's words, "Mr. Namboothiry is an institution by himself".

For more information :

https://youtu.be/YbR_DPJ-F3U

<https://youtu.be/PHIM-SuBBxM>


MONTHLY PATIENT STATISTICS

January - 2018

Hospitals	Madurai	Theni	Tirunelveli	Coimbatore	Pondicherry	Dindigul	Tirupur	Salem	Udumalpet	Tuticorin	CBE CC	Chennai	Total
HOSPITAL OUT-PATIENT VISITS													
Paying (New & Review)	50,155	7,780	25,219	29,785	20,392	5,824	3,979	10,900	2,926	4,683	3,002	5,779	1,70,424
Free:Direct walk-in (New & Review)	13,307	2,018	5,736	9,334	6,422	NA	810	822	966	692	NA	1,626	41,733
OUTREACH OUT PATIENT													
Comprehensive Eye Camps	6,619	1,678	2,842	5,546	4,574	NA	NA	NA	NA	NA	NA	NA	21,259
Diabetic Retinopathy camps	394	213	53	969	166	NA	NA	NA	NA	NA	NA	NA	1,795
Refraction Camps	1,060	156	1,090	NA	1,169	NA	180	NA	374	NA	NA	NA	4,029
Mobile Refraction Unit	NA	NA	NA	1,572	NA	NA	NA	NA	NA	NA	NA	NA	1,572
School Screening camps	3,068	NA	735	302	NA	NA	972	NA	NA	NA	NA	NA	5,077
Paediatric Camps	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA	NA
Vision Centres	20,801	5,895	11,122	4,067	5,438	NA	920	NA	1,025	NA	NA	NA	49,268
Community Centres / City Centres	9,052	1,861	2,749	NA	2,492	NA	NA	NA	NA	NA	NA	NA	16,154
Total OP Examinations	1,04,456	19,601	49,546	51,575	40,653	5,824	6,861	11,722	5,291	5,375	3,002	7,405	3,18,716
Total Number of Camps	29	8	17	26	NA	NA	NA	NA	NA	NA	NA	NA	80
SURGERIES													
Service Proportion of Cataract Surgeries													
Paying	2,420	325	987	1,282	800	243	190	402	134	120	87	211	7,201
Free (Direct)	1,681	218	529	1,253	527	94	117	168	170	53	NA	72	4,882
Camp	1,885	258	640	1,720	871	NA	36	175	55	NA	NA	NA	5,640
Total Cataract Surgeries	5,986	801	2,156	4,255	2,198	337	343	745	359	173	87	283	17,723

Note: NA - Not Applicable



ARAVIND EYE CARE SYSTEM

Admin