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## Quote

What lies behind you and what lies in front of you, pales in comparison to what lies inside of you.  
 - Ralph Waldo Emerson

**Aravind Alumni Meet to be held at AIOS 2015** - More

## Editorial

As a first of its kind initiative, a special family meet was arranged for the technicians of vision centres at Aravind – Madurai and Pondicherry. The idea behind organizing the whole programme was the fact that most of the staff lacks the necessary family support that enables them to work efficiently. The main purpose of the whole programme was to make the family members understand the great service they giving to the society and the significance of their work. The programme was well-received by the participants.

It was a season of awards at Aravind as two among the senior leadership team, a doctor and a senior MLOP staff were presented with prestigious awards by various forums. To acknowledge the selfless service rendered by sponsors in conducting Aravind's outreach camps, Sponsors' Day, the biannual event was organized at Pondicherry.

Ensuring professional competence of employees by organizing continuing education programmes is one of the core activities of the Human Resource Department at Aravind. A three-day session was arranged for the Aravind Communications team consisting of news correspondents, photographers and videographers at Aravind – Madurai.

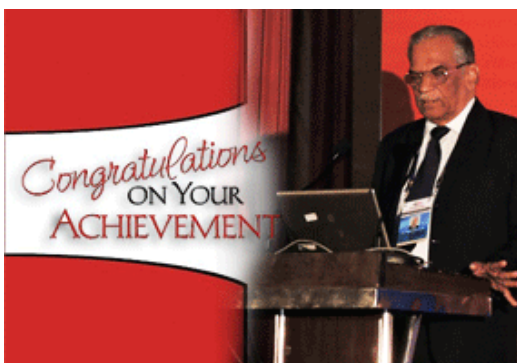
*News about these and many more feature in this issue.*

*Aravind News Team*

## AWARDS AND ACCOLADES

### Awards at the Annual Conference of Vitreo Retinal Society of India

Agra, December 5-7



Dr. P. Namperumalsamy was awarded Lifetime Achievement Award by the Vitreo Retinal Society of at their annual conference held in New Delhi. The award recognizes his contribution to the development of Vitreoretinal services in India.

Dr. Parag K Shah, Retina Services, Aravind – Coimbatore received the Best Video Award for the video titled *Scleral auto graft for management of chronic maculopathy associated with optic nerve head pit* at the 23rd Annual Vitreo Retinal Conference held at Agra.

### Most Inspiring Healthcare Leader of the Year Award for Mr. R.D Thulasiraj

New Delhi, December 11



Mr. R. Thulasiraj received the first edition of the Healthcare Achievers Awards 2014 presented by New India Assurance and an initiative by The Times of India. The Most Inspiring Healthcare Leader of the Year award was presented to him for his leadership, knowledge and contribution to the healthcare sector.



### **Lifetime Achievement Award for Dr. M. Srinivasan**

Mahabalipuram, December 20



Dr. M. Srinivasan has been awarded Lifetime Achievement Award by the Cornea Society of India at the annual conference of the Society, KERACON held at Mahabalipuram.

Dr M Srinivasan, the Director Emeritus of the Aravind Eye Care System has played a key role in teaching and training ophthalmologists and technical personnel in Eye banking from the country and across the developing World. His compassionate approach to patients, especially the lesser privileged with infective keratitis has redefined patient care excellence at the Aravind Eye Hospitals for over four decades and he continues to inspire many younger ophthalmologists to place service before self. He has played a pivotal role in prevention of microbial keratitis in Madurai, Bhutan and Myanmar by conducting epidemiological studies and several drug trials that has influenced management of infective and fungal keratitis, a common cause of blindness in the developing world. As part of volunteering services for ORBIS International and Eye bank Association of India, he has helped development of eye banking activities in India and several of the developing nations. His seminal research activities in the area of fungal infective keratitis and wide clinical experience in management of this condition has helped evolve treatment guidelines that has been widely accepted internationally and has paved the way for establishing a Centre of Excellence in Fungal Keratitis at the Aravind Research medical Foundation funded by the Department of Biotechnology. Amongst the many honors and Awards he has been bestowed, the most recognized are his acknowledgement as one of the Top 50 opinion leaders in ophthalmology by the Cataract & Refractive Surgery Today (2005) and the Asia Pacific Academy of Ophthalmology Distinguished Service Award (2011).



### **Best Nurse Award for Sr. Chidambaram**

Aravind – Tirunelveli, December 31



Sr M N Chidambaram, Nursing Superintendent was presented with the "Best Nurse Award" for her selfless work and service by the Lions Club of Tirunelveli Star. The award was presented by Mr.Sivagami Arumugam, Lions Club Governor at a special function organized here.



## **NEWS AND EVENTS**

### **Employee Welfare Activity – Spoken Hindi Classes**

Aravind – Madurai, November 30

HR Department organized spoken Hindi classes for Staff of Aravind, Madurai, LAICO and AMRF. The one-month course provided insights into the basics of the language. Certificates from Hindi PracharSabha were distributed to the staff who passed the Viva Voce. Mr. R.D Thulasiraj, Executive Director, LAICO distributed the certificates.



### Sponsors Day

Aravind – Pondicherry, December 10



Sponsors day is organized once in two years to acknowledge the unflinching support of sponsors in conducting eye camps. At Aravind – Pondicherry, around 398 sponsors participated in the programme. Dr. K. Thiruvenkadakrishnan, Camp Medical Officer welcomed the gathering. Dr. G. Natchiar, Director Emeritus-AECS and PMJF.Ln.J. Ashok Kumar Chordia – PDG-324 A3 gave the felicitation address. Dr. R. Venkatesh, Chief Medical Officer delivered a talk on the importance of eye screening camps. Mr. R. Meenakshi Sundaram Senior Manager, Outreach Department also addressed the audience. Mr. K. Selvanayagam, Company Secretary, Ramco Industries Ltd., Chennai gave an inspirational speech to motivate the sponsors. Mr. Xavier, Camp Manager proposed a vote of thanks.

### MoU for Retinopathy of Prematurity (ROP) Screening

Aravind – Pondicherry, December 10



Eye Health Programme for Prematurely Born Children (EHPPBC) is a novel collaborative effort initiated between Aravind Eye Hospital, Pondicherry and Mahatma Gandhi Medical College and Research Institute, Kirumampakkam, Pondicherry. Memorandum of Understanding was signed by Prof. S. Krishnan, Dean (Administration) Mahatma Gandhi Medical College and Research Institute, Pondicherry and Dr. Venkatesh, Chief Medical Officer - Aravind Eye Hospital, Pondicherry.

### Review OP moved to New Premises

Aravind – Madurai, December 12



Out patient department for review patients of Free hospital has been shifted to 2nd floor of the building and has started functioning in a spacious area. Dr. P. Namperumalsamy inaugurated the new facility in the presence of senior leadership team. Dr. VP. Ravinchandran and the team of free hospital staff lit the holy lamp.

### Aravind Communications and Visual Arts CPE 2014

Aravind – Madurai, December 19-21



Aravind Communications team consisting of close to thirty members from DTP, Audiovisual department and news correspondents across the Aravind Eye Care System had their annual CPE programme held at LAICO. Sessions consisted of motivational classes, soft skill training as well as professional training relevant to each department. Eminent resource persons were roped in from outside to give hands-on training to the participants. At the Photography competition held as part of the programme, Mr. Saravanan from Aravind – Pondicherry became the winner.



### Vision Centre Staff Family Rendezvous

Aravind – Madurai, December 20



As a first of its kind initiative, a special family meet was arranged for the technicians of vision centres at Aravind – Madurai and Pondicherry. The main purpose of the whole programme was to make the family members understand the great service their relatives or spouses are giving to the society and the significance of their work. The idea behind organizing the whole programme was the revelation that most of the staff lacks the necessary family support that enables them to work efficiently. At Aravind – Madurai, Dr. Kim welcomed the participants. Dr. R.D. Ravindran addressed the audience and highlighted the importance of vision centres. Dr. Usha Kim set the

context for the whole programme. Sr. Begam, Sr. Jeeva and Sr. Senchulakshmi took the participants on a tour of hospital facilities, Nithyatha and Aurolab. A total of 22 family members and 33 technicians attended. Ms. Pitchai Meena and Ms. Jhansi Sunitha were the organisers of the event.

At Aravind – Pondicherry on December 28, Dr. R. Venkatesh and Dr. Veena addressed the audience and motivated them. Dr. R. Krishnadas spoke on the role each vision centre technician thereby making their family members understand the importance of their work.



### Christmas Celebrations

Aravind, December 22



The special evening was marked with glittering lights, stars, sweets and cultural program like dance, skit, songs by MLOPs and distribution of gifts by Santa Claus. It was a perfect evening of joy and happiness. Staff across the centres participated with great enthusiasm.



### Employee Welfare Activity

Aravind Eye Hospitals

Tirunelveli, December 7

Lady staff members were taken on a one day to the temples of Nava Thirupathi, Thiruchendur, Kulasekarapattinam, Vanathirupathi and Church at Manapadu. The entire programme provided a refreshing atmosphere to the participants.

Madurai, December 22

Dr. Krishnamoorthy Venkataraman, Vice President – Parent Circle gave an inspiring talk on parenting for the staff of Aravind – Madurai on December 22.



## Ophthalmic Anaesthesia Workshop

LAICO, December 25



Aravind – Madurai hosted the session on *Principle and practice of ophthalmic regional anaesthesia* at the 62nd Annual National Conference of Indian Society of Anaesthesiologists held at Madurai. It is for the first time that Madurai hosted the event which lasted for four days from December 25-29. At the session hosted by Aravind, Dr. S. Somasundaram, Rtd. Professor of Anaesthesiology welcomed the audience and Dr. R.D Ravindran delivered the inaugural address. Dr. A. Ravichander, Anaesthesiologist, Aravind - Madurai did a presentation

on *Choosing and preparation of patients for regional blocks*. There was a live demonstration of needle blocks by Ophthalmic Forum of ISA and Sub- Tenon's block by Dr Kannan.S, Consultant, Anaesthesia and Critical Care, City Hospital, Birmingham, UK. Dr. Kannan also handled the wetlab session on Sub-Tenon's block. Dr. Ravichander proposed a vote of thanks. Close to twenty post graduates from Aravind – Madurai and Tirunelveli participated. Other presentations during the session include:

Dr Jaichandran VV, Consultant Anaesthesiologist, SankaraNethralaya, Chennai

- *Needle-orbit-Globe-extraocular muscle relationship: Mannequin demonstration*

Dr Jagadeesh V, Director, Department of Anaesthesiology, SankaraNethralaya, Chennai

- *Challenging clinical scenarios: Group discussion*

Dr. NareshBabu

- *Retrobulbar haemorrhage and globe perforation*



## CONFERENCES ATTENDED ELSEWHERE

### Annual Conference of the Vitreo Retinal Society of India

New Delhi, December 5-7



Dr. P. Namperumalsamy was the invited guest at the annual conference of the Vitreo Retinal Society of India and delivered a lecture on Aravind Eye Care System.



### Dr. P. Sundaresan at the Annual Conference of the Society for Mitochondrial Research and Medicine

Manipal, December 8-9



Dr. P. Sundaresan delivered a invited talk on Establishment of Retinal Mitoscriptome Gene Expression Signature for Diabetic Retinopathy Using Human Cadaver Eye and chaired a session at the 4th Annual Conference of the Society for Mitochondrial Research and Medicine (SMRM), Manipal University, Manipal, Karnataka Aravind Medical Research Foundation will host the 5th SMRM conference in December 2015 at Madurai



### Dr. S. Aravind Delivers Talk on Aravind Model

Perundurai, November 16

Dr. S. Aravind delivered a lecture on Aravind model as part of Global Entrepreneurship week observed at Kongu Engineering College, Perundurai.



### Dr. P. Namperumalsamy Delivers the Dr KS Sanjivi Endowment Oration

Chennai, December 27



Dr. P. Namperumalsamy was invited to deliver the Dr KS Sanjivi Endowment Oration on "An Affordable Health care Delivery Model - Challenges and feasibility" based on Aravind model at The Voluntary Health Services Hospital (VHS), Chennai. He was also awarded medallion by Dr. M.S.Swaminathan, Director - VHS, who presided over the function.

Dr K.S.Sanjivi was a pioneer in health care in India with a single minded focus on community health. He was the first person to initiate the concept of "primary Health Centres" in India and the Government subsequently followed this model of health care.



## TRAINING PROGRAMMES

<b>Training Programmes Enrollments for January 2015 at Aravind Eye Care System</b>			
<b>Course title</b>	<b>Training Centre</b>	<b>Enrollments for January 2015</b>	<b>Total number trained till December 2014</b>
<b>Long Term Fellowship Programmes - For Ophthalmologists</b>			
<b>Fellowship in Cornea</b>	<b>Madurai</b>	2	122
	<b>Pondicherry</b>	1	
<b>Fellowship in General Ophthalmology</b>	<b>Salem</b>	1	44
<b>Fellowship in Glaucoma</b>	<b>Madurai</b>	1	107
	<b>Pondicherry</b>	1	
<b>Fellowship in Paediatric Ophthalmology &amp; Strabismus</b>	<b>Tirunelveli</b>	1	126
<b>Fellowship in Retina</b>	<b>Pondicherry</b>	3	173
	<b>Madurai</b>	2	
<b>Short Term Courses - For Ophthalmologists</b>			
<b>Diagnosis and Management of Glaucoma</b>	<b>Coimbatore</b>	1	432
<b>Lasers in Diabetic Retinopathy</b>	<b>Madurai</b>	2	621
	<b>Coimbatore</b>	1	
	<b>Pondicherry</b>	1	
<b>Phacoemulsification</b>	<b>Madurai</b>	1	468
	<b>Coimbatore</b>	1	
<b>Small Incision Cataract Surgery</b>	<b>Madurai</b>	1	522
	<b>Coimbatore</b>	1	
	<b>Pondicherry</b>	2	
<b>Training for Orthoptist</b>	<b>Madurai</b>	2	44
<b>Management Course - Non Clinical Courses</b>			

<b>Management Priorities in Eye Care Delivery</b>	<b>LAICO</b>	14	318
<b>Management Training for Eye Care Programme Managers</b>	<b>LAICO</b>	36	372
<b>Medical Records Management</b>	<b>LAICO</b>	9	13



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## AUROLAB NEWS

### Guest Lecture

Aurolab, December 10



A guest lecture was organized on the topic of Hormonal Imbalance in Women for the staff members in Aurolab. The session was handled by Dr.Anand Kumar - Consultant Endocrinologist from Ashwin Hospital – Madurai. The participants felt the session very useful and informative.



### An Eye-opening Experience



happysight

Sharing the feedback given by Surendra Subramani, Professor from Oregon after he had his cataract surgery done at Aravind - Pondicherry.

[More](#)



## MONTHLY PATIENT STATISTICS

## December - 2014

Hospitals	Madurai	Theni	Tirunelveli	Coimbatore	Pondicherry	Dindigul	Tirupur	Salem	Udumalpet	Tuticorin	Total
<b>HOSPITAL OUT-PATIENT VISITS</b>											
Paying (New & Review)	52,114	7,980	22,570	32,257	22,112	7,102	3,616	10,135	2,611	4,666	165,163
Free (Direct walk-in)	11,866	1,764	5,594	9,469	6,248	15	607	176	827	507	37,073
<b>OUTREACH OUT PATIENTS</b>											
Regular Eye Camps	7,990	2,513	3,841	9,675	5,304	-	-	963	-	288	30,574
Diabetic Retinopathy camps	649	84	-	1,489	520	-	-	-	-	-	2,742
Refraction Camps	651	137	249	1,090	941	-	-	-	-	-	3,068
Mobile Refraction Unit	-	-	-	-	-	-	-	302	-	-	302
School Screening camps	-	-	-	1,074	5,642	-	-	-	-	-	6,716
Primary Health Centre camp	-	55	-	-	-	-	-	-	-	-	55
Paediatric Camps	-	-	-	-	255	-	-	-	-	-	255
Vision Centres	12,877	4,588	6,885	2,708	3,481	-	763	-	912	-	32,214
Community Eye Clinics	3,679	1,809	2,153	-	-	-	-	-	-	-	7,641
<b>Total OP Examinations</b>	<b>89,826</b>	<b>18,930</b>	<b>41,292</b>	<b>57,762</b>	<b>44,503</b>	<b>7,117</b>	<b>4,986</b>	<b>11,576</b>	<b>4,350</b>	<b>5,461</b>	<b>285,803</b>
<b>SURGERIES</b>											
Paying	2,666	392	2,234	1,395	973	133	105	530	115	111	8,656
Free (Direct)	1,636	179	1,147	1,161	514	51	81	43	78	40	4,937
Camp	2,394	376	601	2,197	862	-	51	276	24	13	6,794
<b>Total Surgeries</b>	<b>6,696</b>	<b>947</b>	<b>3,982</b>	<b>4,753</b>	<b>2,349</b>	<b>184</b>	<b>237</b>	<b>849</b>	<b>217</b>	<b>164</b>	<b>20,387</b>

