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## Quote

"Happiness is when what you think, what you say, and what you do are in harmony."  
 - Mahatma Gandhi

## AWARDS AND ACCOLADES

### APAO Distinguished Service Award for Dr. M. Srinivasan

Busan, Korea, April 13 – 16



Dr. M. Srinivasan, chief, cornea services, Aravind - Madurai was awarded Distinguished Service Award by the Asia Pacific Academy of Ophthalmology in recognition of his outstanding contribution to the field of ophthalmology. The award was presented at the 27th APAO Congress – A joint meeting with the European Society of Ophthalmology and in conjunction with the 106th Congress of Korean Ophthalmological Society.

### Lions Clubs Felicitate Aravind Staff

## Editorial

Aravind opened a new secondary eye care centre at Tuticorin. Current trend implies that people from Tuticorin constitute a great pool of patient load at Aravind – Tirunelveli and the opening of this new centre facilitates reach of eye care services to many more.

The 27th APAO Congress held at Busan, Korea felicitated Dr. M. Srinivasan for his untiring contributions to the field of ophthalmology. The recently concluded APAO Congress and the annual ASCRS Meet recorded wide participation from Aravind. Two of Aravind staff at Tirunelveli were congratulated by Lions Clubs for their commendable service.

The fourth vision building and strategic planning workshop as part of SightFirst 1588 project was held at LAICO during the first week of April.

As bonus read, we also share with you details of a special retreat hosted by Aravind at Nithyatha and excerpts from a letter sent by one of the participants there.

News about these and many more feature in this issue.

*Aravind News Team.*



Aravind - Tirunelveli



### Eye Bank Coordinator Felicitated

April 11

Ms. Seetha Maheshwari, Eye bank co-ordinator, Aravind - Tirunelveli was appreciated by Lions Club of Pavorchatram and Lions Club of Tirunelveli and was given Certificate of Appreciation at a special function organized there.

### Best Nursing Care Award for Ms. Chidambaram

April 13

Lions Club of Tirunelveli Central conferred Ms. M. Chidambaram, Nursing Superintendent, Aravind-Tirunelveli with "Best Nursing Care

Award" for her untiring service to the mankind over the past 30 years. The award was presented at a grand function organized at St. Xavier's College, Tirunelveli.



## SPECIAL EVENTS

### Aravind opens yet another Eye Care Centre

Aravind – Tirunelveli, May 5



People from Tuticorin constitute a great pool of patient load at Aravind-Tirunelveli. A long-felt need of an eye care centre in Tuticorin came to reality with the opening of Aravind's secondary eye care centre. Manned by Aravind - Tirunelveli, the centre offers services in the treatment of cataract, refractive errors and glaucoma. The services will be expanded further to include a wide array of speciality eye diseases. The hospital also has an exclusive free section, where treatment is provided free or at steeply subsidised rate.

The hospital was inaugurated by Mr. Ashish Kumar IAS, District Collector in the presence of Dr. R. Perumalsamy, Information Commissioner, RTI, Government of Tamilnadu. Ms. S. Madhumathi IAS, Commissioner, Tuticorin Corporation lighted the holy lamp. Felicitations were offered by various community leaders and officials from Rotary and Lions Clubs. The function was graced by the presence of senior leaders and many well wishers of Aravind. The inaugural day was so encouraging that the Outpatient department registered 129 patients.



## NEWS AND EVENTS

### Mr.Poornachandran at the guest lecture on Career Guidance to Students with Hearing Impairment

Virudunagar, April 5



Mr. S. Poornachandran, Instruments Maintenance Department, Aravind - Madurai attended the guest lecture held at Center for Speech and Hearing Impairment, Kalasalingam University and guided the students to develop the skills to acquire suitable job opportunities.



### New Cornea Clinic at Aravind – Tirunelveli

April 16

A new cornea clinic with increased space was inaugurated by Dr.R.Ramakrishnan, Chief Medical Officer, Aravind –



Tirunelveli. The function was attended by Doctors, MLOPs and Admin staff members. On the inaugural day, 116 outpatients were examined at the clinic.



### Boiling of Milk Ceremony at Aravind – Tuticorin

Tuticorin, April 16

Ganapathy Homam and boiling of milk ceremony for the newly established Aravind secondary eye care centre at Tuticorin was performed in April. The hospital will be inaugurated by Mr. Asish Kumar IAS on 4th May 2012. Dr. R. Ramakrishnan, Chief Medical Officer, Aravind - Tirunelveli, Dr. Sakthivel, Ms. Saradha Ramakrishnan, Sr. Chidambaram, Mr. Mohamed Ghouse, Mr. Balakrishnan, Ms. Lakshmi and staff members of Tuticorin Hospital attended the function.



### Dr. Aravind Srinivasan at Velammal Institute of Technology

Chennai, April 22



Dr. Aravind Srinivasan was the chief guest for the first graduation day held at Velammal Institute of Technology, Chennai and he delivered an inspiring address to the students.



## CONFERENCES ATTENDED ELSEWHERE

### 27th APAO Congress

A joint meeting with the European Society of Ophthalmology and in conjunction with the 106th Congress of Korean Ophthalmological Society

Busan, Korea, April 13 – 16



Dr. M. Srinivasan

- *Improving outcome in non phaco cataract surgery: Incision construction; astigmatism control; complications.*
- *Improving outcome in non phaco cataract surgery: Logistics of safe high volume surgery*

Mr. R.D. Thulasiraj was the invited speaker for the topic *Impact of near vision impairment on work productivity* in the Near Vision Impairment / Uncorrected Refractive Errors Symposium.

Dr. Kowsalya

- *Clinical profile of ocular cranial nerve palsy*

Dr. Aruna Rathakrishna

- Vision assessment in children

Dr. Sandra C Ganesh

- *Pearls on prescribing glasses in children*
- *Low vision aids in children*

Dr. Kalpana Narendran

- *Tips on amblyopia management using case examples*
- *Vision rehabilitation post cataract*

Dr. V. Narendran

- *Screening for ROP*

Dr. V.R. Saravanan

- *Pathogenesis and classification of ROP*

Dr. Parag K Shah

- *Interesting cases*

Instruction courses on Paediatric Retinal Disorders

Dr. V. Narendran

- *ROP: An overview*

Dr. V.R. Saravanan

- *Coats disease & PHPV*

Dr. Parag K Shah

- *Anti-VEGF in paediatric Retina*

Dr. P.S. Vivek

- *Outcome of primary congenital glaucoma undergoing combined trabeculectomy - tabeculectomy in south Indian population*



## Annual Conference of American Society of Cataract and Refractive Surgeons

Florida, USA, April 18 – 25



Dr. Harpriya Aravind

- *Chief instructor for the instruction course posterior capsule rupture and zonular dialysis management*
- *SICS in challenging situations*
- *Comparison of complication rates between phacoemulsification and manual small-incision cataract surgery (free paper)*
- *Spherophakia to aphakia and back (video)*
- *Instructor for the skill transfer course on M-SICS*

Dr. George Varghese Puthuran

- *Need for MSCICS in the modern day era of micro incision cataract surgery*
- *Tube repositioning into anterior chamber for tube related complications of aqueous drainage services (video)*

Dr. Venkatesh

- *Instruction course on MSICS and PCR and Zonular dialysis management*

He also visited Iowa city to meet genetic research team Dr. John Fingert and Dr. Ed Stone. He also got an opportunity to discuss with the Glaucoma team regarding IFACE study and future research studies at Dana Center and Wilmer Eye Institute, USA.



## HUMAN RESOURCE DEVELOPMENT

### Training Programme at Pegasus for OT Staff

Aravind – Pondicherry, April 1

Operation Theatre staff of Aravind - Pondicherry was taken to Pegasus training institute on an outbound learning programme. The main idea of this was to develop their skills in communication, proper planning, develop commitment to work, create good work environment and proper delegation and distribution of the work. It was a great learning experience for the participants.



### Tour for MLOPs

Aravind - Madurai



A total of 238 MLOPs from Aravind- Madurai went on a trip to Kanyakumari as part of recreational activity. The tour was organized in two batches. The first batch went on April 7 and the second batch, on April 14. Stay and food arrangements were organized at Vivekananda Kendra. The MLOPs had a nice view of the sunrise and enjoyed temple visit and shopping. They also had great fun at Bay watch Water Theme Park and the Wax museum there. They were also taken to Padmanabhapuram Palace.



### Tamil New Year Celebrations

Aravind - Pondicherry, April 13



As part of employee developmental activities, the HR department organized sports competitions on the occasion of Tamizh New Year. Staff members divided into different teams actively participated in the Throw ball and Kabadi competitions. The team Jasmine and Lotus got the first prize.



### Motivational Lecture

Aravind - Madurai, April 27



A motivational lecture on how to lead a successful life was delivered by Mr. C. Rajendran, IRS, Commissioner of Customs. Citing various examples from Thirukkural, Mr. Rajendran handled the entire session in an interactive manner.



## LAICO HAPPENINGS

## SF 1588 Vision Building and Strategic Planning Workshop

LAICO, April 01 – 06



The fourth batch of Vision Building and Strategic Planning Workshop conducted for the Lions Eye Hospitals as part of SF 1588 project was held at LAICO during the first week of April. A total of 25 participants from 11 hospitals participated.



## Needs Assessment Visit

Dhaka, Bangladesh, April 6 - 10



Dr. Shashikant Shetty and Ms. Priya Adhishesan made a needs assessment visit to National Institute of Ophthalmology and Hospital, Dhaka and Bangladesh Institute of Community Ophthalmology (BICO) and Eye Hospital, Comilla, Bangladesh. The visit was in connection with the SightSavers International 'Quality Child Eye Health through Enhancing National Capacity on Pediatric Ophthalmology' Project.



## Management Training and Systems Development for Hospital Administrators

LAICO, April 16 – May 10



The 24th batch of the course started with welcome address by Dr. S.R. Krishnadas, Director – HR, Aravind Eye Care System. Dr. S. Aravind, Administrator – Aravind Eye Hospital, Madurai delivered the inaugural address. Course overview was provided by Mr. Mohammed Gowth, Faculty – LAICO. A total of 8 participants from Nepal, India, Mexico and Bangladesh are attending the course.



## Vision Building and Strategic Planning Workshop

LAICO, May 7 – 12



A total of eight participants from Midnapur Lions Charitable Eye Hospital, Midnapur, West Bengal and Prime Bank Foundation, Dhaka, Bangladesh are attending the Vision Building and Strategic Planning workshop underway at LAICO.

[Click here to view Consultancy statistical report](#)



## TRAINING PROGRAMMES

Course title	Training Centre	Total Number Trained as on March 2012	Enrollments for April 2012
<b>Long Term Fellowship Courses</b>			
<b>Fellowship in Paediatric Ophthalmology &amp; Strabismus</b>	<b>Madurai</b>	58	1
	<b>Coimbatore</b>	21	0
	<b>Tirunelveli</b>	2	0
	<b>Pondicherry</b>	2	0
<b>Short Term Courses - For Ophthalmologists</b>			
<b>Diagnosis and Management of Glaucoma</b>	<b>Madurai</b>	109	1
	<b>Tirunelveli</b>	132	1
	<b>Coimbatore</b>	103	2
	<b>Pondicherry</b>	2	0
<b>IOL Microsurgery</b>	<b>Madurai</b>	708	1
	<b>Tirunelveli</b>	276	1
	<b>Coimbatore</b>	216	0
	<b>Pondicherry</b>	12	0
<b>Small Incision Cataract Surgery</b>	<b>Madurai</b>	168	0
	<b>Tirunelveli</b>	113	1
	<b>Coimbatore</b>	129	1
	<b>Pondicherry</b>	23	0
<b>Lasers in Diabetic Retinopathy</b>	<b>Madurai</b>	262	2
	<b>Coimbatore</b>	260	1
	<b>Pondicherry</b>	5	1
<b>Phacomulsification</b>	<b>Madurai</b>	145	1
	<b>Tirunelveli</b>	79	0
	<b>Coimbatore</b>	96	3
	<b>Pondicherry</b>	20	0
<b>Fundus Fluorescein Angiography and Ultrasonography</b>	<b>Madurai</b>	40	1
<b>Instrument Maintenance - for Technicians</b>	<b>Madurai</b>	379	2
	<b>Pondicherry</b>	7	0
<b>International Residents</b>	<b>Madurai</b>	0	1

[Click here to view Training Programme full statistics](#)



## PUBLICATIONS

- **RETINA 2012 APR. 4 [Epub]**

Shukla, Dhananjay; Jay Kalliath; Manish Tandon; Vijayakumar, B

- *Vitreotomy for optic disk pit with macular schisis and outer retinal dehiscence.* [article view](#)

- **CLIN INFECT DIS. 2012 MAR. 23 [Epub]**

Lalitha Prajna; Srinivasan, M; Manikandan, P; Jayahar, M Bharathi, Revathi Rajaraman; Meenakshi Ravindran; Cevallos, Vicky; Oldenburg, Catherine E; Ray, Kathryn J. Ray; Toutain-Kidd, Christine M; Glidden, David V; Zegans, Michael E; McLeod, Stephen D; Acharya, Nisha R. Acharya; Thomas M. Lietman

- *Relationship of in vitro susceptibility to moxifloxacin and in vivo clinical outcome in bacterial keratitis.* [article view](#)

• **MYCOSES. 2012 APR. 10**

Manikandan P, Varga J, Kocsubé S, Anita R, Revathi R, Németh TM, Narendran V, Vágvölgyi C, Panneer Selvam K, Shobana CS, Babu Singh YR, Kredics L.

- *Epidemiology of Aspergillus keratitis at a tertiary care eye hospital in south India and antifungal susceptibilities of the causative agents.* [article view](#)

• **AM. J. OPHTHALMOL 2012 Apr 23. [Epub]**

Mingguang He, Amza Abdou, Kovin S. Naidoo, Yuddha D. Sapkota, R. D. Thulasiraj, Rohit Varma, Jialiang Zhao, And Leon B. Ellwein (LAICO) (Blindness)

- *Prevalence and correction of near vision impairment at seven sites in China, India, Nepal, Niger, South Africa, and the United States.* [article view](#)



## AUROLAB NEWS

### Guest Lecture on Gynaec Problems, Prevention and Cure


Aurolab, April 14



Dr. Sunitha, Consultant, Obstetrics and Gynaecology, Vikram Hospital delivered a guest lecture on common gynaec problems and the preventive measures. The participants found the session very useful especially the open discussion which was arranged for the staff to get their doubts clarified.



### Moved by Aravind Experience

 ahmedabadteam A special group of visitors – mostly from the Gandhi Ashram, Ahmedabad – were here from March 31st -April 1st. The people who attended are involved in transformative work in different parts of the world, and have been inspired by Aravind. They were here for a retreat which was hosted at Nithyatha. The purpose of the retreat was to listen and learn from the diverse service-experiences of other people and to reinforce values and explore ways of supporting each other.

Along with representatives from Aravind, young leaders and volunteers affiliated with two inspiring organizations called Manav Sadhna and Moved By Love attended the retreat. Both organizations run a wide array of community-based projects based out of the Gandhi Ashram in Gujarat – programs ranging from sanitation, education, healthcare and much more. While their work touches tens of thousands of people what makes it truly special is not the scale – but the spirit in which this work is carried out. The values of compassion, generosity and selfless service are the driving force behind what they do. And there is a strong resonance with Aravind's own values. The people attended ranged from a couple who moved back to India from the Silicon Valley to start an organic farm in rural India, a monk deeply inspired by Ramana Maharishi who has dedicated his life to help people tap into the power of inner silence, the founder of an exciting social venture in the mobile technology space and many others involved in similarly uplifting work.

[Here we share excerpts from a letter written by one of the participants on his experience at Aravind: .](#)

▬





# Statistics will be uploaded soon



## MONTHLY PATIENT STATISTICS

<b>April - 2012</b>									
Hospitals	Madurai	Theni	Tirunelveli	Coimbatore	Pondicherry	Dindigul	Thirupur	Salem	Total
<b>HOSPITAL OUT-PATIENT VISITS</b>									
Paying (New & Review)	39,232	5,532	19,186	26,554	18,380	4,572	2,791	6,157	122,404
Free (Direct walk-in)	13,003	1,689	4,866	8,714	6,193	11	-	-	34,476
<b>OUTREACH OUT PATIENTS</b>									
Regular Eye Camps	10,107	1,792	4,730	7,795	6,180	-	-	-	30,604
Diabetic Retinopathy camps	136	284	-	1,124	478	-	-	68	2,090
Refraction Camps	382	372	667	2,502	1,095	-	-	-	5,018
Mobile Refraction Unit	-	673	-	-	-	-	-	-	673
School Screening camps	-	-	-	700	-	-	-	-	700
ICDS Children	-	-	-	-	-	-	-	-	-
Paediatric Camps	-	-	-	-	-	-	-	-	-
Vision Centres	6,936	3,360	3,923	2,017	2,007	-	389	-	18,632
Community Eye Clinics	3,105	1,441	13,832	-	-	-	-	-	18,378
<b>Total OP Examinations</b>	<b>72,901</b>	<b>15,143</b>	<b>47,204</b>	<b>49,406</b>	<b>34,333</b>	<b>4,583</b>	<b>3,180</b>	<b>6,225</b>	<b>232,975</b>
<b>SURGERIES</b>									
Paying	2,583	345	910	1,410	909	136	97	315	6,705
Free (Direct)	2,917	218	701	1,382	652	34	34	46	5,984
Camp	3,553	347	1,279	1,581	1,505	-	-	36	8,301
<b>Total Surgeries</b>	<b>9,053</b>	<b>910</b>	<b>2,890</b>	<b>4,373</b>	<b>3,066</b>	<b>170</b>	<b>131</b>	<b>397</b>	<b>20,990</b>

