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Quote

The fortunate circumstances of our lives are generally found, at last, to be of our own producing.

- Oliver Goldsmith

Editorial

Staff at Aravind is gearing up towards the upcoming October Summit – annual event held in honour of Aravind’s founder chairman, Dr. G. Venkataswamy on his birth anniversary. Aravind hosts four consultations this year, focusing to improve the quality in eye care delivery.

The week- long Auroutsav conducted across the Aravind centres to bring out the team spirit and synergy of the staff and employees was organized during the first week of September. Staff from different departments, who otherwise will be confined in their cubicles meddling with work, get to know each other and came up with superb performances. The festival, in which all employees, from the chairman to the last grade worker take part helped in firming up team spirit.

The Annual Conference of Tamil Nadu Ophthalmic Association held at Chennai provided a platform for the staff at Aravind to interact with their peers and update themselves on the latest surgical and medical techniques. Staff also made presentation son various topics. Dr. R. Ramakrishnan was recognized for his contribution to ophthalmology at the conference.

Referrals from vision centres constitute a great deal of patient pool at Aravind. In order to update the technicians there about the latest trends in ophthalmology, a CME was organized for the first time. Technicians from various vision centres of Aravind participated.

News about these and many more feature in this issue.

Aravind News Team

AWARDS AND ACCOLADES

Dr. Joseph Gnanadickam Memorial Oration Award for Dr. Ramakrishnan

Chennai, August 9



Dr. R. Ramakrishnan was awarded the Dr. Joseph Gnanadickam Memorial Oration Award for Dr. Ramakrishnan at the 61st Annual Conference of the Tamil Nadu Ophthalmic Association held at Chennai.

Best Doctor Award for Dr. R.D. Ravindran

Chennai, August 29



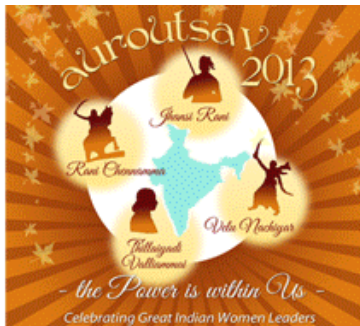
Ekam Foundation along with Udhavum Ullanga honours doctors who provide exemplary services in their respective field of work as part of their K.S. Sanjivi Awards ceremony. This year Dr. R.D. Ravindran was selected for the Best Doctor Award and the ceremony was held on August 29 at Chennai.



SPECIAL EVENTS

Auroutsav 2013

Aravind, September 4-9



Auroutsav, the week-long cultural cum sports events conducted biennially across all the Aravind centres was conducted in the first week of September. Various events amounting to thirty in number were organised. Staff belonging to different cadres were all grouped into four teams - all named after valiant heroines of India such as Thillaiyadi Valliammai, Jhansi Rani, Rani Chennamma and Velu Nachiyar. The entire event provided an opportunity for the staff to come out of their cubicles, mingle with different people thus enhancing team spirit and camaraderie.



Eye Donation Fortnight Celebrations

Aravind, August 25-September 8



To increase awareness about eye donation among the public, eye banks across the Aravind Eye Hospitals organized elaborate programmes on occasion of eye donation fortnight. Good response was received from everywhere. The involvement of public, government and private organizations, educational institutions, Radio and Print media was truly commendable. Various awareness programs were conducted in schools, hospitals, offices and other such institutions. At Aravind - Madurai, eye collection centres were called in for a meeting. Facts about eye donation were propagated through various radio and television channels. At Aravind - Salem, awareness rally was conducted in collaboration with various

institutions.



NEWS AND EVENTS

Motivational Talk

Aravind - Madurai, August 7



Swami SuddhanandaGiri from YogodaSatsanga Society of India delivered a motivational lecture on "Balanced life is a successful life" for the entire staff of Aravind - Madurai. He was introduced to Aravind through Dr. JatinKohli, an Aravind alumnus of Tirunelveli. Swamiji's talk was really thought-provoking and rejuvenating.



Inaugural Training for Vision Centre Technicians

Aravind - Madurai, August 14

Aravind started a formal training programme for technicians of vision centre. The duration of this course is 3 months. Currently, the course is offered internally for 10. The next course will commence in the month of March 2014, when it would be offered for external candidates as well. Those who have completed 2 years of refraction at Aravind / having competency in refraction from outside hospitals are eligible for this course.



Independence Day Celebrations at Aravind

August 15



Aravind Eye Hospitals across the centres celebrated Independence Day with great national fervor.



RSS Chief Visits Aravind - Madurai

Aravind – Madurai, August 19



Last week saw Sri. Mohan Bhagavat, RSS chief visiting Aravind to get an overview of the Aravind model. All the senior members of Aravind interacted with him which was followed by various discussions.



Symposium on Understanding and Managing Patient Outcome

LAICO, August 24



Aravind's Cataract and IOL Department conducted this one-day symposium in collaboration with Hoya Medical India Pvt. Ltd. Dr. R.D. Ravindran welcomed the audience. A total of 66 cataract and cornea surgeons across India participated in the symposium. The focus of the meeting was to understand the role of new technology such as the iTrace machine in improving patient outcomes. There was a live surgery performance on premium IOLs.



First Anniversary Celebrations of Aravind –Udumalpet

Udumalpet, August 25



Aravind Eye Hospital, Udumalpet completed the first year of its service towards eliminating needless blindness. Mr. V. Mounaguruswamy, Manager, welcomed the gathering. Dr. V.R. Vivekanandan, Medical officer presented the annual report for the year. Dr. R.D.Ravindran, Chairman - AECS was the chief guest for the function.



Srikrishna Jayanthi Celebrations

Aravind – Madurai, August 28



Tiny tots at the Janakiamma Child Care Centre celebrated Srikrishna Jayanthi in a grand way. Kids all dressed up as Radhas and Krishnas were a sight to behold. The kids were taken to all the senior members at Aravind and also to the different of Aravind facilities. The patients and also their attendees enjoyed thoroughly enjoyed show.



Eye Donation Awareness Campaign

Aravind – Dindigul, September 4

In collaboration with Inner Wheels Club of Dindigul, Aravind - Dindigul conducted an eye donation awareness program at G.T. Narayanasamy Naidu Arts college Dindigul. Nearly 300 NSS students attended. Video clipping on eye donation was shown. Question raised by the students were well answered by Dr.M.Lavanya.



Aravind Wins the Cricket Match

Aravind, August 18



Aravind team won the Cricket match against Apollo hospitals conducted on August 18. Mr. Arun from Aurolab was declared the man of the match for his contribution of 27 runs and 3 wickets. Dr. George Varghese, Chief, Glaucoma Services distributed prizes to the winner.



CONFERENCES ATTENDED ELSEWHERE

Annual Conference of Tamil Nadu Ophthalmic Association

Chennai, August 9-11



Dr. R.D Ravindran

- Chief instructor for the course on *SICS*
- Chaired the session on *Endophthalmitis*
- *Incidence and preventive measures at Aravind Eye Hospitals*

Dr. R. Ramakrishnan

- *Glaucoma - A bird's eye view*
- Chaired the session on *Glaucoma recent advances*

Dr. R. Meenakshi

- *OT sterilization techniques, instrument and linen and solutions*
- Instruction course - *surgical management of IV nerve palsy*

Dr. Maneksha

- *Clinical analysis of marcus gunu jaw winking ptosis in a tertiary eye care centre* (free paper)

Dr. Padmavathy

- *Efficacy of Bedside Invention in Myasthenian gravis* (free paper presented by Dr.Lavanya)
- *An Analysis of cases of third nerve palsy in a tertiary eye care centre* (presented by Dr. Rutika)

Dr. Naveen

- *Visual Function correlation with SD OCT parameters in clinically diagnosed retinitis pigmentosa* (Free paper)

Dr. Anitha

- *Our experience of therapeutic penetrating keratoplasty - indications and outcomes* (free paper)
- *Retrospective study on graft reinfection following T.K.P for non healing infective keratitis*



Clinical Data Management Workshop

Vellore, September 2-6

Mr. Jeyaram Illiyaraja, Biostatistician, Aravind - Madurai and Mr.Ganesh Babu, Senior Manager, IT and Systems attended Clinical Data Management Workshop at CMC, Vellore.



HUMAN RESOURCE DEVELOPMENT

Employee Welfare Activity

Aravind – Tirunelveli, August 3-4



As part of employee welfare activity, excursion was arranged for all Admin Staff of Aravind-Tirunelveli. The staff visited Kodaikanal and Palani Temple and had a thoroughly rejuvenating experience.



Freshers' Day for First Year MLOPs

Aravind – Madurai, August 31



First year MLOPs at Aravind –Madurai celebrated their freshers' day with a variety of interesting programmes. Villupattu staged by the team showcased the biography of Aravind's founder, Dr. G. Venkataswamy. The lively skit stressed the importance of proper communication in our daily life. Visual pathway depicted by these young sisters was truly informative to the audience. Along with these events, dance and songs also added colour to the whole event.



LAICO HAPPENINGS

Hospital Administrators Course

LAICO, August 15



Welcome address for the course was given by Ms. DhivyaRamasamy. Mr. R.D.Thulasiraj delivered the keynote address. Course objectives and overview were shared by Mr. Mohammed Gowth. Seven participants from India, Nepal and Honduras are participating.



Visit to Regional Institute of Ophthalmology

Raipur, Chattisgarh, August 5-7

CIPS in association with Chhattisgarh Academy of Administration is conducting a Three Day Workshop on "Innovations in Health Sector" in the first week of August at Raipur. The participants for this workshop were officers from Health Department of Government of Chhattisgarh. Mr. R.D. Thulasiraj delivered a talk on the Aravind model at this conference.



ARAVIND MEDICAL RESEARCH FOUNDATION

Lecture Series on Proteomics and Applications

Aravind – Madurai, August 3



A one day lecture series on Proteomics and applications was conducted by the Department of Proteomics, Aravind Medical Research Foundation. The objective of the programme supported by Department of Biotechnology, Government of India, was to expose young researchers in various Proteomics approaches that could be used in clinical research. The lectures covered functional genomics, Proteomics, SRM and MRM based mass spectrometry methods for protein quantification in clinical samples and statistical approaches to be followed in experimental design and data analysis.

Invited speakers for this workshop included Dr. K. Sathyamoorthy, Professor and Director, Manipal Life Sciences Centre, Manipal; Prof. G. Kumaramanickavel, Director of Research, Narayana Nethralaya, Bangalore; Dr. RapoleSrikanth, Scientist, NCCS, Pune; Dr. AdaikalamVellaichamy, Associate professor, CBT, Anna University, Chennai; Dr. N. Angayarkanni, Professor, Biochemistry, Vision Foundation, SankaraNethralaya, Chennai and Dr. Jeremy Keenan, clinical research-ocular infectious diseases, Proctor Foundation, USA.



TRAINING PROGRAMMES

Course title	Training Centre	Total Number Trained as on August 2013	Enrollments for September 2013
Long term Fellowship Programmes for Ophthalmologists			
Fellowship in Cornea	Madurai	75	1
	Tirunelveli	2	1
	Coimbatore	42	0
	Pondicherry	7	0
Fellowship in Anterior Segment / Intraocular Lens Surgery	Madurai	129	1
	Tirunelveli	23	0
	Coimbatore	31	0
	Pondicherry	16	0
Fellowship in Glaucoma	Madurai	48	1
	Tirunelveli	21	1
	Coimbatore	33	0
	Pondicherry	9	0
Fellowship in Paediatric Ophthalmology & Strabismus	Madurai	70	1
	Tirunelveli	20	0
	Coimbatore	31	0
	Pondicherry	7	0
Short Term Courses - For Ophthalmologists			

Diagnosis and Management of Glaucoma	Madurai	120	0
	Tirunelveli	155	1
	Coimbatore	119	0
	Pondicherry	5	1
Small Incision Cataract Surgery	Madurai	185	1
	Tirunelveli	122	0
	Coimbatore	148	1
	Pondicherry	31	0
Phacomulsification	Madurai	170	2
	Tirunelveli	92	0
	Coimbatore	129	0
	Pondicherry	30	1
Lasers in Diabetic Retinopathy	Madurai	284	0
	Coimbatore	283	2
	Pondicherry	7	1
Neuro Ophthalmology	Madurai	4	1
	Coimbatore	1	0
Optical Dispensing	Madurai	167	5
Ocularist	Madurai	31	1
Management of Retinopathy of Prematurity & Pediatric Retinal Disorders	Coimbatore	15	1
Management Courses			
Project Management for Eye Care	LAICO	67	5
Instruments Maintenance Course			
Instrument Maintenance Course - For Ophthalmology	Madurai	34	1
Eye Bank Course			
Training in Eye Bank Techniques	Madurai	7	1



PUBLICATIONS

- **JOURNAL OF PEDIATRIC OPHTHALMOLOGY AND STRABISMUS, VOL: 50 2013 p.E44-E46**
Sunil, Martuthivila S; Venugopal Reddy, Y C; Syed Mohideen; Rajagopal, Kunnatur; Meenakshi, R; Ramakrishnan, R
- *Necrotizing scleritis after strabismus surgery with cataract surgery.* [Article View](#)
- **OPHTHALMIC EPIDEMIOLOGY, Early Online, 1–9, 2013**
Muralikrishnan, R; Venkatesh, R; Vijayakumar, V; Frick, Kevin D
- *Household preferences for cataract surgery in rural India: A population-based stated preference survey.* [Article View](#)
- **PLOS ONE VOL: 8(9) SEP. 2013 p.e73172**
Anshuman Verma; Vijayalakshmi, P; Shashikant Shetty; MaigiKulm; Sundaresan, P
- *Mutational screening of LCA genes emphasizing RPE65 in south Indian cohort of patients.* [Article View](#)
- **OPHTHALMIC EPIDEMIOLOGY, VOL: 20(5) OCT. 2013 p.308–314**
Dhivya, R; Sanil Joseph; Vijayakumar, V; Vinod
- *Cluster randomized trial to compare spectacle delivery systems at outreach eye camps in south India.* [Article View](#)



AUROLAB NEWS

Guest Lecture on Oral Care

Aurolab, August 17

Dr.R.Prakash handled the lecture on oral care for the staff of Aurolab. He mentioned in detail about the various dental diseases and the need to take proper care of our teeth. The participants felt the session very useful.



Industrial Visit to Srinivasa Fine Arts, Sivakasi

Aurolab, August 17



The Production staff of Aurolab was taken on an industrial visit to Srinivasa Fine Arts in Sivakasi to observe the 5'S concepts and carton box packing methods. The visit was informative to the participants.

Excursion for Production Staff

Aurolab, August 24-25



The production staff were taken on a tour to Ooty and Coimbatore. They visited the popular tourist attractions in and around Ooty, KovaiKutrallam, Ishcan Krishna temple, and Perur Siva temple in Coimbatore.

Gokulashtami Celebration in Aurolab

Aurolab, August 30



Gokulashtami celebration was marked by different dance performances of the staff children. There was a special Bhajan performance by a group from Rajapalayam. At the end of the programme, prasadam was distributed to all the staff members.

MONTHLY PATIENT STATISTICS

August - 2013										
Hospitals	Madurai	Theni	Tirunelveli	Coimbatore	Pondicherry	Dindigul	Tirupur	Salem*	Udumalpet	Total

HOSPITAL OUT-PATIENT VISITS

Paying (New & Review)	46,475	6,851	22,622	29,313	21,603	5,457	3,653	-	2,305	138,279
Free (Direct walk-in)	15,251	1,826	6,509	9,829	6,979	6	270	-	979	41,649

OUTREACH OUT PATIENTS

Regular Eye Camps	9,505	1,593	4,750	8,996	10,392	-	471	-	-	35,707
Diabetic Retinopathy camps	76	45	401	1,136	241	-	-	-	-	1,899
Refraction Camps	1,413	84	280	2,027	255	-	-	-	-	4,059
Mobile Refraction Unit	-	436	-	-	-	-	-	-	-	436
School Screening camps	1,607	1,227	5,276	1,744	7763	-	-	-	-	17,617
Paediatric Camps	-	271	140	-	-	-	-	-	-	411
Vision Centres	10,204	4,590	5,276	-	2,640	-	-	-	-	22,710
Community Eye Clinics	2,281	1,594	2,009	3,587	-	-	-	-	-	9,471
Total OP Examinations	86,812	18,517	47,263	56,632	49,873	5,463	4,394	-	3,284	272,238

SURGERIES

Paying	2,545	417	962	1,184	1,001	136	95	-	114	6,454
Free (Direct)	2,838	249	900	1,289	656	36	41	-	58	6,956
Camp	3,002	323	1,117	1,928	2,124	-	46	-	16	8,236
Total Surgeries	8,385	989	2,979	4,401	3,781	172	182	-	188	23,758

* will be updated soon

