



Editorial

“Go Green” has been the buzz word these days. Aravind Eye Hospitals have been taking conscious efforts in doing their part to reduce harm to the environment in whatever ways possible. Of late, almost all the programmes organised at Aravind followed this theme and the latest one, is the Retina 4 U CME held at Aravind-Pondicherry. Extreme care was taken to ensure that the CME did not leave any waste harmful to the environment.

Retreats are organized at Aravind, mostly department-wise that gives an opportunity to analyse performance and to develop a roadmap for future. Recently, HR personnel including nursing superintendents and MLOP In-charge doctors across the Aravind centres wer brought together for a retreat that aimed to redefine the MLOP selection process and recruitment.

Aravind Eye hospital, the first secondary centre of Aravind has completed 33 years of its exceptional service in bringing eye care to the needy. The function organized to commemorate this occasion was attended by the senior leaders of Aravind and prominent persons from the community.

News about these and many more feature in this issue.

Retina4u
Aravind-Pondicherry

Accolades

Awards at Annual Conference of Tamil Nadu Ophthalmic Association

📍Salem 📅August 9-11

Aravind doctors came out in flying colours at the Annual Conference of Tamil Nadu Ophthalmic Association held at Salem.

- Dr. R. Ramakrishnan, Advisor, Aravind-Tirunelveli was elected as Vice President – TNOA.
- Dr. N. Venkatesh Prajna, Director Academics -AECS was bestowed with the Dr. J. Agarwal Excellence in Teaching Award.
- Dr. Kalpana Narendran, Senior Medical Officer, Aravind-Coimbatore was bestowed with Dr. S.S Badrinath SOA SN Alumni Medal.
- Madurai Warriors team consisting of – Dr. Usha Kim, Dr. Preethika Gandhi, Dr. Aswin and Dr. Pranesh – won the Ophthalmic Premier League.
- Dr. S. Kavitha, Medical Consultant, Glaucoma Services, Aravind-Pondicherry won Best Paper Award in Glaucoma
- Cornea consultants, Dr. N. Shivananda (Aravind-Pondicherry) and DR. R. Seema (Aravind-Chennai) won Best Paper Award in Cornea
- Dr. M.G. Pavan Kumar, Glaucoma Consultant, Aravind-Pondicherry won Best Paper in Comprehensive Ophthalmology
- Dr. Vedhanayaki, Uvea Consultant, Aravind-Madurai received Best Paper Award in Uvea session
- Dr. Pranesh, Aravind-Madurai – Best presentation in One case One pearl Session.
- Dr. Arun & Dr. Rishabh Desai, DNB Residents – First prize in the ET Selvam Quiz Competition



Special Honour for Dr. P. Namperumalsamy at iBeach Film Festival

📍Goa 📅August 30-September 1

Dr. P. Namperumalsamy was honoured for his commendable contribution to Indian ophthalmology at iBeach Film Festival, the first of its kind ophthalmic meeting conducted by Prasad Netralaya, Udupi .



Aurolab

Tour for Production Staff & Cleaners

📍Aurolab 📅August 4&5, 11&12, 18

Sanitary staff and the staff of Production department were taken on a tour to Papanasam, Coutrallam and Srivilliputhur temple in different batches.

Conferences attended

TEDx Napier Talk

📍Chennai 📅August 11

Dr. Kim, Chief Medical Officer, Aravind Eye Hospital, Madurai delivered TED talk on the topic *AI in DR screening*.

Salem EyeCon

Salem August 9-11

Dr. Usha Kim

- Symposium: Oculofacial Rejuvenation Co-Chair of this Symposium
- The Jurie for Court Marital
- Speaker for Orbit, Oculoplasty Instruction Course session
- Recent advances in the management of orbital inflammatory diseases

Ophthall 2019

Hyderabad August 03-04

Dr. Kim

- How to set up a vision centre

Kudavasi Maanadu

Kumbakonam August 24-25

Dr. Kim

- *Diabetes and its Ocular Effects – A Bird’s Eye View*

Equitable Healthcare Access Consortium

Hyderabad August 23

Mr. Thulasiraj Ravilla participated in the panel discussion as part of the Equitable Healthcare Access (EHA) Consortium hosted by LV Prasad Eye Institute, Hyderabad.

Events

Retina4u

Aravind - Pondicherry August 25

The one-day CME was inaugurated by Dr M. Ravishankar, Dean, Mahatma Gandhi Medical College, Pondicherry. Dr Meena Chakrabarti, Dr Pukhraj Rishi, Dr Sudha Ganesh, Dr Ekta rishi, Dr Minu Mathen, Dr Sabyasachi Sengupta, , Dr Nivean Madhivanan were the invited faculty. Dr Naresh Babu, Dr V R Saravanan, Dr R Venketesh, Dr Manavi D Sindal and Dr Prabu from Aravind joined them in various sessions. The CME was centred on posterior segment complications related to cataract surgery and started with pre-operative considerations and intraoperative management of complex cases. At the XNIT workshop, participants got hands on practice under expert guidance. Decisions in difficult situations like aphakia, PC rent were debated, and various modalities for placing an IOL in absence of a capsule were demonstrated through videos. Issue of endophthalmitis was discussed in detail. One of the speakers shared his experience with newer ultramodern vitreo-retinal surgery machine “Ngeunity”. A total of110 doctors including delegates, post-graduate students and fellows from different institutes attended and benefitted from this CME. This CME sent a strong message to the society regarding Aravind’s commitment to promote and follow eco-friendly activities with zero waste. Registration was done online. No material was printed. Programme

schedule was emailed and circulated on WhatsApp. All the decorations were reused from previous CME. After the CME, even the Rangoli outside was carefully removed and the colours were reused. We had permanent stalls put up, with handwritten boards. Banana leaves lining the plates and wooden spoons were used during lunch. Tea, coffee and water were served in steel utensils that were washed and cleaned in a boiler.

Accolades Aurolab Conferences attended Events LAICO Publications Statistics Training ARAVIND



Retreat for Senior Nursing Superintendents and HR Personnel

📍 Aravind - Madurai 📅 August 01-03

HR department at Aravind Eye Hospital, Madurai organised a three day workshop to standardize various systems and processes relating to MLOP recruitment, training, employment and retention. A total of 52 participants from all Aravind centres including Nursing Superintendents, HR Managers, MLOP Incharge Doctors and Clinical MLOP managers participated. Aravind's senior management team, Dr. Suzanne Gilbert, Senior Director, Research & Strategic Opportunities, Seva; Mr. D. Nagarajan, Former Regional Director – SSI & Board Member, Seva shared their inputs during the retreat.



34th Annual Day Celebration

📍 Aravind - Theni 📅 August 31

Aravind Eye Hospital, Theni celebrated its 34th Annual Day in an elaborate manner. Dr. P. Namperumalsamy, Chairman-Emeritus; Dr. G. Natchair, Director-Emeritus and Dr. R.D. Ravindran, Chairman, Aravind Eye Care System were present during the function. Dr. Balaji presented an update on the activities of the year. This was followed by the distribution of service awards to employees who have completed 5,10,15, 20 and 25 years of service. Several cultural programmes were performed by the MLOPs and Doctors.



Residents Social Responsibility Programme was held at St Annes Old Age Home, Ponmeni, Madurai. A team of doctors and MLOPs conducted eye screening and spent quality time with the inmates. The team presented a new caravan audio set up (which has close to 5000 recorded Tamil Songs) and cooking utensils. They were thrilled to hear devotional songs and songs from old Tamil movies.



MLOP Freshers' Day Celebrations

📍 Aravind 📅 August 17

At Aravind – Tirupati and Coimbatore, the newly joined MLOP s celebrated freshers' day. Dr. G. Natchiar, Director Emeritus, Aravind Eye Care System was the chief guest. The trainees performed cultural programmes. They recited a poem on their experiences at Aravind and about Dr.V.



Awareness Session on Women Wellness

📍 Aravind-Chennai 📅 August 08

Dr. Kiruba MBBS., DNB handled the session Topics discussed included importance of nutrition, physical exercise, sleep, reproductive health, symptoms and early signs of critical diseases affecting women. The session was very interactive and informative.



Glass Painting Workshop

📍Aravind-Chennai 📅 August 11

A total 36 participants attended this 3-hour workshop. Participants were taught on the basics of glass painting. The programme also included demonstration sessions on the making of paper and cloth bags.



LAICO

Workshop on Strengthening Aravind’s Low Vision Services

A total of 24 participants from Aravind centres in Madurai, Tirunelveli, Coimbatore, Pondicherry, Salem, Chennai, Theni, Tuticorin and Dindigul participated.



Publications – August 2019

1. George V Puthuran, Palmberg P, Hiruni KW, Krishnadas R, Robin A. **Intermediate-Term Outcomes of an Affordable Aqueous Drainage Implant in Adults with Refractory Glaucoma.** Ophthalmology Glaucoma. 2019 Jul-Aug;2(4):258-266. [Article View](#)

2. Rathinam SR, Gonzales J, Radhika T, Anuradha K, Bala Murugan S, Vedhanayaki R, Lim L, Suhler EB, Al-Dhibi HA, Doan T, Keenan JD, Rao MM, Ebert CD, Nguyen HH, Kim E, Porco TC, Acharya NR; for the FAST Research Group. **Effect of Corticosteroid-Sparing Treatment with Mycophenolate Mofetil vs Methotrexate on Inflammation in Patients with Uveitis: A Randomized Clinical Trial.** JAMA. 2019 Sep;322(10):936-945. [Article View](#)

3. Shah PK, Prema S, Narendran V, Chan RVP, Chiang MF, Campbell JP. **Aggressive posterior retinopathy of prematurity in two cohorts of patients in South India: implications for primary, secondary, and tertiary prevention.** J AAPOS. 2019 Sep 12. [Epub] [Article View](#)

4. Sanjana Singh B, Vanathi N, Shah VM. **A rare case of CNS hemangiopericytoma presenting with papilledema.** GMS Ophthalmol Cases. 2019 Aug 20;9:Doc32. [Article View](#)

5. Thulasiraj RD. Commentary: **Playing it safe versus being responsible.** Indian J Ophthalmol. 2019 Oct;67(10):1525-1526. [Article View](#)

6. Sundaresan Y, Gaikwad GG, Prajapati KA, Prajna NV, Chidambaranathan GP. **Comparison of structural integrity and functional status of corneal endothelium stored in Cornisol and Optisol-GS.** Indian J Ophthalmol. 2019 Oct;67(10):1579-1584. [Article View](#)

7. Shah H, Radhakrishnan N, Ramsewak S, Chiu S, Joseph S, Rose-Nussbaumer J, Prajna NV. **Demographic and socioeconomic barriers and treatment seeking behaviors of patients with infectious keratitis requiring therapeutic penetrating keratoplasty.** Indian Ophthalmol. 2019 Oct;67(10):1593-1598. [Article View](#)

8. Prajna NV, Sangoi K. **Commentary: Timing of therapeutic keratoplasty.** Indian J Ophthalmol. 2019 Oct;67(19):1606. [Article View](#)

9. Krishnadas R. **Commentary: Blindness from glaucoma associated with steroid abuse in children.** Indian J Ophthalmol. 2019 Oct;67(10):1655-1656. [Article View](#)

10. Bala Murugan S, Subashini M, Kiruthiga Devi T. **Spontaneous Amsler’s sign -.A unique presentation.** Indian J Ophthalmol 2019 Oct;67(10):1726. [Article View](#)

11. Nath M, Gireesh P. **Challenges during femtosecond laser assisted cataract surgery with posterior chamber phakic intraocular lens.** Indian J Ophthalmol. 2019 Oct;67(10):1744-1746. [Article View](#)

12. Karthik Kumar, Chitaranjan Mishra, Rupa A, Naresh Babu K, Kim R. **Reversible blindness in a patient with closantel toxicity.** Indian J Ophthalmol. 2019 Oct;67(10):1768-1771. [Article View](#)

13. Reighard CL, Pillai MR, Shroff S, Spaeth GL, Schilling SG, Wizov SS, Stein JD, Robin AL, Raja V, Ehrlich JR. **Glaucoma-Associated Visual Task Performance and Vision-Related Quality of Life in South India.** Ophthalmol Glaucoma. 2019 Sep-Oct;2(5):357-363. [Article View](#)

Statistics

Patient Monthly Statistics

August – 2019														
Hospitals	Madurai	Tirunelveli	Theni	Coimbatore	Pondicherry	Tirupur	Dindigul	Salem	Tuticorin	Udumalpet	CbeCC	Chennai	Tirupati	Total
HOSPITAL OUT-PATIENT VISITS														
Paying (New & Review)	58,597	28,919	8,176	30,869	27,460	4,446	6,961	12,029	5,286	3,568	3,454	16,914	7,930	2,14,609
Free:Direct walk-in (New & Review)	18,185	7,661	2,201	10,709	10,100	1,284	—	2,034	1,171	1,746	—	4,442	3,215	62,748
OUTREACH OUT PATIENT														

Comprehensive Eye Camps	10,543	3,704	1,654	8,882	5,777	271	—	1,470	461	314	—	1,836	879	35,791
Diabetic Retinopathy camps	864	161	270	798	761	—	—	—	—	—	—	—	—	2,854
Glaucoma Camps	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Refraction Camps	2,562	978	86	748	462	214	—	1,746	—	580	—	—	—	7,376
Mobile Refraction Unit	—	—	172	621	—	—	—	—	—	—	—	—	—	793
School Screening camps	1,318	1,980	318	529	1,561	50	—	47	—	—	—	522	—	6,325
Paediatric Camps	—	278	442	—	855	—	—	—	—	—	—	—	—	1,575
RoP	209	149	172	585	38	—	—	—	—	—	—	16	—	1,169
Vision Centres	25,832	13,374	5,867	4,364	9,026	1,124	—	—	—	1,422	—	—	—	61,009
Community Centres / City Centres	9,220	2,632	1,387	—	2,639	—	—	—	—	—	—	—	—	15,878
Total OP Examinations	1,27,330	59,836	20,745	58,105	58,679	7,389	6,961	17,326	6,918	7,630	3,454	23,730	12,024	4,10,127
Total Number of Camps	43	27	13	35	23	2	—	6	3	1	—	10	4	167
SURGERIES														
Service Proportion of Cataract Surgeries														
Paying	3,163	1,197	392	1,391	1,470	240	308	595	220	194	112	870	378	10,530
Free (Direct)	2,897	778	314	1,275	1,169	175	240	270	163	344	—	414	332	8,371
Camp	3,297	810	240	2,447	1,795	33	—	425	63	62	—	226	265	9,663
Total Cataract Surgeries	9,357	2,785	946	5,113	4,434	448	548	1,290	446	600	112	1,510	975	28,564
Note: NA – Not Applicable														

Statistics Training ARAVIND

August – 2019

[Accolades](#)
[AuroLab](#)
[Conferences attended](#)
[Events](#)
[LAICO](#)
[Publications](#)
[Statistics](#)
[Training](#)
[ARAVIND](#)

Course title	Training Centre	No. of enrolments
LONG TERM FELLOWSHIP PROGRAMMES – FOR OPHTHALMOLOGISTS		
Fellowship in Anterior Segment / Intraocular Lens Surgery	Chennai	1
	Tirupati	1
Fellowship in Cornea	Coimbatore	2
	Chennai	1
	Madurai	1
Fellowship in General Ophthalmology	Salem	2
	Theni	1
	Coimbatore	2
Fellowship in Glaucoma	Madurai	2
Fellowship in Paediatric Ophthalmology	Madurai	3
Fellowship in Orbit & Oculoplasty	Pondicherry	1
Fellowship in Retina Vitreous	Madurai	4
	Coimbatore	1
	Pondicherry	1
	Tirunelveli	1
SHORT TERM CLINICAL COURSES – FOR OPHTHALMOLOGISTS		
Clinical Observership Program In Diagnosis and Management Of Glaucoma	Madurai	1
Management of Retinopathy of Prematurity and Paediatric Retinal Disorders	Coimbatore	1
Phacoemulsification	Madurai	2
	Pondicherry	1
Lasers in Diabetic Retinopathy	Madurai	2
	Coimbatore	2
	Pondicherry	1
Small incision cataract surgery	Coimbatore	1
	Tirunelveli	1
	Madurai	2
PARAMEDICAL COURSES		
Fundus Fluorescein Angiography & Ultrasonography	Madurai	1
Short term training in Refraction techniques	Madurai	6
Training for Ocularist	Madurai	1

INSTRUMENT MAINTENANCE COURSE		
Instrument Maintenance – For Technicians	Accolades Aurola LAICO	Conferences attended Events LAICO Publications Statistics Training ARAVIND
MANAGEMENT COURSE		
Management Training and Systems Development for Hospital Administrators / Managers	LAICO	16

Archives

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September 2019▼

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