Breathe in the essence of creativity; And touch the spirit of humanity;
Bathe in the healing light of quiet divinity; And discover the depths of your soul’s beauty;
Quiet the mind for momentous revelation; And now, listen to the whisper of inspiration.

Welcome to Inspiration

A comfortable and quiet place, where you can relax and contemplate your work,
be inspired in the company of your global counterparts,
and share your experiences in the many diverse backgrounds
Blending traditional hospitality with modern amenities, Inspiration is an idyllic home away from home for all trainees, visitors, volunteers, and project students who come to Aravind from around the world. Located very close to the Aravind Eye Hospital and LAICO, Inspiration offers a comfortable and relaxing experience for the guests. The large open-to-sky courtyard in the centre and the large spacious lounges on each floor are designed to serve as inspirational spaces to generate creative thinking.

ELIGIBILITY:
Accommodation is limited to trainees, visitors, volunteers, project students and guests officially associated or registered with Aravind Eye Care System. **No family accommodation will be provided.**

FACILITIES AND SERVICES:
All rooms have an intercom facility and attached bathrooms with geyser. The rooms are well air-conditioned and equipped with satellite television. Non-AC rooms are also available.

DINING HALL:
Food is catered at a common well-furnished dining area. To use the catering services, please pay and register for your meals along with your room rent as advance. There will be no refunds for meal payments.

Meals are served at fixed timings, Monday to Saturday. On Sundays, only breakfast is served.

Meal timing: Breakfast: 7.00 - 8.30 a.m., Lunch: 12.30 - 2.00 p.m., Dinner: 7.00 - 8.00 p.m.

On Sundays, the Breakfast will be served from 8.00-9.00 a.m.

Meal charges: Rs. 284/- per day (inclusive of 5% GST) per occupant
Complimentary breakfast will be served every day. Lunch and Dinner will be served on all days except Sundays.

**Daily Menu:**
Breakfast: One tiffin, bread, boiled egg, oats / corn flakes, fruit, coffee, tea.
Lunch: Chapatti, one gravy or dhal, variety rice, two vegetables, rice, curd, rasam, papad, sweet. Non-veg is served 5 days a week.
Dinner: One tiffin, one variety rice, white rice, one vegetable, curd, fruits, or sweet, hot milk. Veg soup is served 3 nights a week and non-veg is served once a week.
FRONT DESK
Front Desk is open from 8.00 a.m. – 6.00 p.m. to facilitate checking in and out, enquiries, room booking, and receiving messages for the occupants. Services are not available on Sundays.

Reservation
Reservation should be done by submitting the Online Reseration Form.

Check-in
While checking-in, you are requested to submit the official letter from Aravind Eye Hospitals confirming your registration. Those who are checking-in after 6.00pm and on Sundays, kindly collect the key from the security.

Check-out
24 hours check-out. Check-out will be done based on the completion of all payments. Formalities can be done before 3.30 p.m. for those who are checking out after 6.00 p.m. Those who plan to check-out on Sundays should complete all the formalities on the previous evening.

Room Tariff (in Indian Rupees) inclusive of 12% GST effective from 1st May 2023

<table>
<thead>
<tr>
<th>Per day Tariff in INR / Per Occupant</th>
<th>*Twin Sharing Non AC</th>
<th>Single Non AC</th>
<th>*Twin Sharing AC</th>
<th>Single AC</th>
<th>Twin Sharing AC as Single Occupant</th>
</tr>
</thead>
<tbody>
<tr>
<td>Daily Tariff</td>
<td>538</td>
<td>762</td>
<td>1,098</td>
<td>1,546</td>
<td>1,792</td>
</tr>
<tr>
<td>Weekly (Applicable for stay &gt;=7 days, &lt;30days)</td>
<td>461</td>
<td>653</td>
<td>941</td>
<td>1,325</td>
<td>1,536</td>
</tr>
<tr>
<td>Monthly (Applicable stay &gt;=30days)</td>
<td>376</td>
<td>533</td>
<td>768</td>
<td>1,082</td>
<td>1,254</td>
</tr>
</tbody>
</table>

(Rates subject to change as per management discretion)
Above rates are inclusive of room rent, free internet and complimentary breakfast
*Twin sharing rooms will be allotted based on the availability of the other sharing partner.

- Payment for accommodation and food should be done in advance, for the exact check-in and check-out dates.
- In-case of early check-out, the payment will not be refunded.
TELEPHONE
An intercom is provided in each room for connecting to the front desk and the hospital staff.

PAYMENT

Short term (staying for less than a month)
Payments for the room and board for the entire period of stay should be fully paid at the time of check-in, if not done earlier.

Long Term (staying for more than a month)
- Payments for the room and board for the entire period can be made along with the course fee either by RTGS or wire transfer. If not, payment for at least one month must be made along with the course fee. For the subsequent months, monthly payment should be made on the first working day of the month.
- Those who have paid in advance through wire transfer should produce proof of the same at the time of check-in.
- Payment can be made through credit/debit card (Visa/Master card). Appropriate service tax will be added to the payment.
- Direct cash payment at the time of check-in will be accepted only for those staying less than a week.
- At the time of payment, always ensure that you get a receipt.
- Sponsored trainees should produce the proof of sponsorship at the time of check-in.

NOTE
- There is no payment facility in Inspiration.
- All payments should be made at the Admin office located on the second floor of LAICO building on the day of check-in at the inspiration. Timings: 9.30 a.m. to 3.30 p.m., Monday to Saturday. Those who are checking in after 4.00 p.m. and on Sundays should make the payment on the following day.

GUIDELINES
We are committed to ensuring your safety and comfort during your stay here. To achieve this, we have the following guidelines that all the guests are required to follow throughout their stay here.
- Occupants are supposed to get back to the guest house by 9.00 p.m.
- Alcohol and Smoking are strictly prohibited inside the rooms and the premises of the guest house.
- Visitors can meet the guests at the reception only. They are not allowed in the rooms at any time.
- Food served at ‘Inspiration’ has to be taken only in the dining hall. It should not be carried to the guest rooms.
- For the convenience of the guests, a list with contact information of several vendors (travel, money exchange etc.) is provided in the information folder kept in the room. Please note that the Aravind management and staff are not liable for disagreements / disputes with any of these vendors. The guests should make payments directly and deal with them on their own discretion.
- Tips for the employees are strictly prohibited at Aravind. Occupants are discouraged to have any financial transaction with employees. Management is not liable for the same.

FOR INTERNATIONAL GUESTS:
- As per the rule of Govt. of India, Form “C” should be filled-in and submitted online.
- Copy of passport and visa details should be submitted. Ensure that you have a minimum of three photocopies of passport and your passport size photos
- If FRRO registration is required, it will be done by online.

Online Room Reservation

Contact us at:
Inspiration
4/44 Kuruvikaran Salai. Gandhinagar, Madurai - 625 020;
Tamil Nadu, India Phone: 0452 - 4356 800;
Email: inspiration_reception@aravind.org

For Reservations, please contact:
Your Training Coordinator
at Aravind Eye Hospital, Madurai
Phone: 0452-4356100