

# For the attention of parents The dos and don'ts following their children's eye surgery:

## Dos

7 Day(s) / 7 ദിവസം	6 Time(s) a Day / 6 തവണകൾ
(25-Dec-2021 - 31-Dec-2021)	(7 am,10 am,1 pm,4 pm,7 pm,10 pm)
7 Day(s) / 7 ദിവസം	5 Time(s) a Day / 5 തവണകൾ
(01-Jan-2022 - 07-Jan-2022)	(7 am,11 am,3 pm,6 pm,10 pm)
7 Day(s) / 7 ദിവസം	4 Time(s) a Day / 4 തവണകൾ
(08-Jan-2022 - 14-Jan-2022)	(7 am,12 pm,5 pm,10 pm)
7 Day(s) / 7 ദിവസം	3 Time(s) a Day / 3 തവണകൾ
(15-Jan-2022 - 21-Jan-2022)	(7 am,2 pm,10 pm)
7 Day(s) / 7 ദിവസം	2 Time(s) a Day / 2 തവണകൾ
(22-Jan-2022 - 28-Jan-2022)	(7 am,7 pm)
7 Day(s) / 7 ദിവസം	1 Time(s) a Day / 1 തവണകൾ

Ensure timely administration of prescribed eye drops



Prior to applying medication to your child's eye, clean your hands thoroughly



Boil a cotton sponge, and then squeeze out excess water



Gently wipe the upper and lower eyelids using the cotton ball



Resume outdoor activities one month after surgery



Apply pressure to the eye drops bottle lid to open it securely



Keep your child away from dust and smoke for one month post-surgery



Pull down the lower eyelid and administer eye drops into the eye bag



Keep your eyes closed for one minute after applying the drops



Come for a recheck up as advised by the doctor



Can take easily chewable food from your regular choices



For children under 1 year, apply the medicine during their sleep



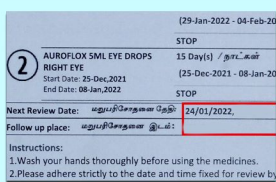
For children aged between 2 and 15, apply the medicine with their head slightly tilted or while lying down



Store the medicines in clean areas



Resume outdoor activities one month after surgery



To reschedule a follow-up appointment, contact the number provided in the discharge summary



Wipe your child's face with a wet cloth, until they take head bath



One month post-surgery, your child can take head baths using shampoo

### Don'ts:



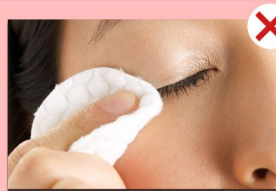
Do not attempt to open the medicine bottle with a safety pin or needle



Avoid touching the eye drop bottle lid with bare hands



Refrain from bathing in ponds or lakes for six months post-surgery



Do not reuse cotton balls after a single use



Do not keep medicine bottles at your children's reach and sight



Do not wipe the operated eye with hands or cloths